IANUARY 1973

NO. 37

VENICE, CALIFORNIA 90291 24 BROOKS AVE.

392-8586, 392-3394, TANK-YUK

THIS PLACE IS FOR THE BIRDS

by Marshall R. Hyman

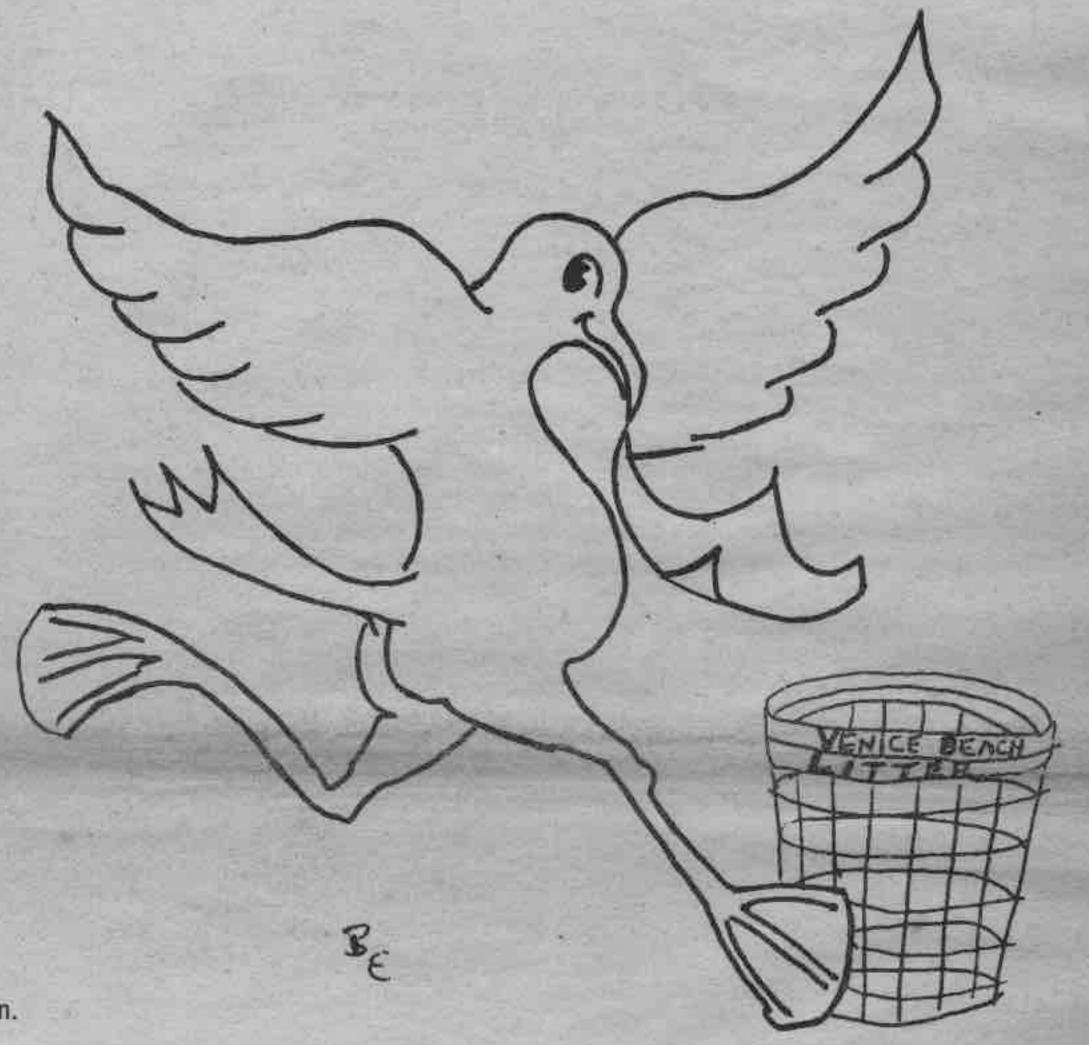
Anyone who has recently spent any time in a book store has seen at least 7,000 copies of one book; a certain "Jonathan Livingston Seagull" by Richard Bach. Mr. Seagull's image is always prominently displayed and within easy reach of your hands, if not your wallets. National magazines and local journals have all commented on the exploits of said JLS. I haven't seen the Audobon Society's Journal, but if they have a Bird of the Year Award, this year's choice should be an easy one.

Yet none of this literary hype has caused me to run out and buy the book or even borrow it from my friends who already own a copy. Instead of seeking a copy of the book, my thoughts have turned to the lives of the gulls who frequent our own lovely local beaches and assist Parky the Kangaroo in keeping our waterfront clean.

Jonathan has numerous relatives in Venice and I often wonder about them. I wonder if they know exactly where they are and if they chose Venice as a home or are just playing a part in some great Bird-God's plan? I wonder if Venice gulls envy their Malibu neighbors to the north or their Palos Verdes relations to the south? In thinking and wondering about gulls, I also wonder if a gull thinks at all; if he knows how much attention he's been receiving all over the world. Pity the poor pigeon who, if a bit more raucous, might be the center of all this study and interest.

Meanwhile, the gulls return everyday to Venice to rip through paper bags left by picnickers and fight among themselves for the tuna sandwich nobody wanted. I hope these observations heighten your ecological awareness because after watching for a while, being the garbage person of the sands, a beach buzzard, is what being a seagull is all about.

If the author of "Jonathan Livingston Seagull" cares to argue with my scientific conclusion, I hope he loss me know. Since I doubt he will dignify my charges with a personal reply, maybe somebody who receives three copies of the book for Christmas will send me one so I can read what this Bach guy has to say. Until then I'll continue to duck when a gray baby flies too low and maybe feed a beautiful, mature white gull some bread crust and thank them all for keeping the beach clean.



THE TELEFONE KOMPANY KOMES TO TOWN



photo by gail williamson

A CELEBRATION AND FUND-RAISER WAS HELD BY THE VENICE CHILDREN'S COMMUNITY GROUP ON OCEAN FRONT WALK. FINE MUSIC, HOME-BAKED GOODIES, TAROT READINGS, CRAFTS BY LOCAL ARTISTS, AND NUMEROUS BARGAINS MADE THIS A CALL 341-0105 FOR INFO ON VCCE. VERY ENJOYABLE DAY.

By Vicki Goldstein

Sometime in February you are sure to come across a rather thick multi-colored book vaguely resembling a telephone directory. When you see it make sure to look it over pretty carefully for you will be holding the first edition of the Venice Peoples Rainbow Pages.

The Rainbow Pages are being prepared by a collective of six

prepared by a collective of six people which calls itself The Telefone Kompany The Rainbow pages will contain an incredible number of listings for the Venice area. It will have listings for services, organizations, co-ops, school programs classes, arts, media, communes, collectives, religious and commercial establishments. The Peoples Rainbow Pages will help you to find just about anything you need.

The Rainbow Pages will be more than just a conventional directory, however. Each listing will have a descriptive paragraph with it written by one of the collectives members after interviewing the establishment concerned. The collective hopes that the Rainbow Pages is only the beginning. They say, 'Our aim is to make the Rainbow Pages interesting and attractive enough so as to encourage people to read it from cover to cover. Once this happens they will have a better understanding of what the Venice Community is all about and of what

Pages will then offer assistance to those people who wish to do it."

The primary objective, then, is the completion and distribution of the publication. The secondary aim is to aid the development of independent services and resources the community now lacks. In the Telefone Kompany's words, 'We will be an informational and skill clearing house for the Venice community to use which will link up

people with resources.

There is a tentative schedule worked out which indicates the extent of the vision:

1- Initial publication mid-February

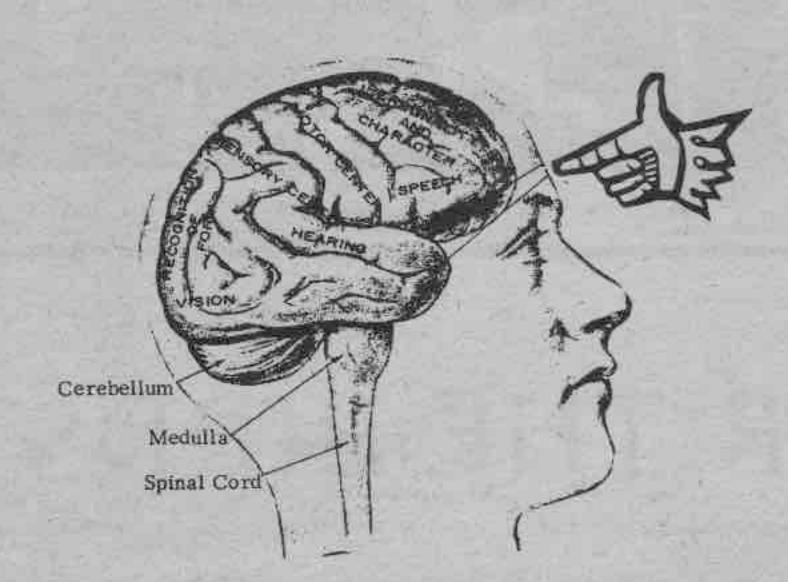
2- Supplementary publications to

appear bi-monthly 3- Network and informational clearing house to begin mid February called Energy Central
4- Additional branch offices in L.A.

when they happen
5- Council of Peoples Rainbow Pages
to form within 2 years
The Telefone Kompany believes that
The Rainbow Pages can strengthen
the counter-culture. They see the
dominant culture as falling apart and
they feel that there is a fairly viable
counter culture in Venice only nobody's
aware of it. What they hope to do is
to make Venice aware of its own
strength so that when the heast finally strength so that when the beast finally does crumble the counter culture will be ready.

It sounds to me like they have a groovy thing going and I'm eagerly awaiting my copy of The Peoples Rainbow Pages.

DR. ZANE'S LOBOTOMY COLUMN



A Monthly Column of Advice on All Subjects the Doctor Knows Absolutely Nothing About

by Jim Zane

Dear Dr. Zane:

Ever since I was a child, I ate shredded wheat for breakfast. That may not seem very unusual to you, but the thing is, I hate shredded wheat. Lately, I've been wondering why I'm eating a cereal that I detest. The only reason I can think of is that my mother told me it was healthy and that I should eat it. But is that the truth? I must know immediately as I am about to vomit after finishing another bowlful.

Aristotle Anemic

Dear Aristotle:

Your question is very interesting and one that many laymen and scientists have been asking lately. According to the latest scientific tests, you should continue buying shredded wheat. When you get your cereal in the morning, open the top of the box and pour all the shredded wheat into a large trash can. Then you should cut up the cereal's cardboard box into tiny squares and place these squares into your favorite cereal bowl. After that, pour some milk onto the cardboard squares and add your favorite fruit and/or sugar and eat it. You'll find that when you eat the cardboard cereal box this way, it is more nutritious and better tasting than the shredded wheat.

Dear Dr. Zane:

I am having numerous problems with my ten year old son. He refuses to go to school and skips class almost every day. And if that weren't bad enough, I know he vandalizes property when he's not in school. How can I get my son to go back to school and possibly change? Rope's End

Dear Rope's End:

Very simply, the answer to your problem is to tell your son that school has been called off for the rest of the year. If he is a true vandal, that news will probably cause your son to immediately run to his school and try to vandalize it. If it isn't a Saturday or Sunday, then your son may be trapped into school for that day. On the other hand, if it is a Saturday or Sunday, well...you win some and you lose some.

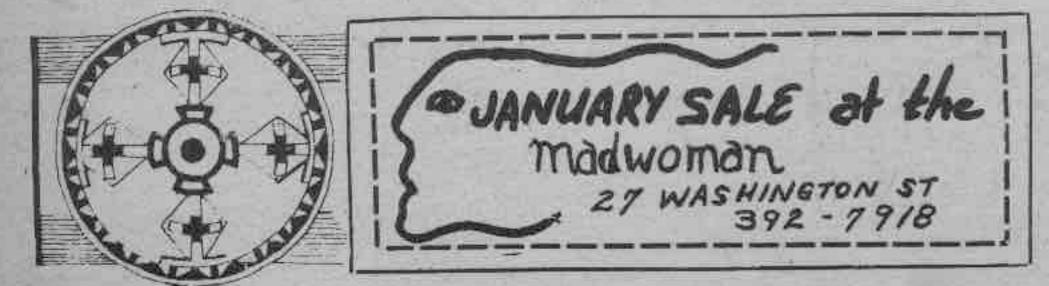
Dear Dr. Zane:

I have this extremely embarassing problem which seems to be getting worse as the days go by. The first thing I noticed was my feet-they smelled terrible. So I bought this foot spray. After that my friend noticed a distasteful odor emanating from beneath my armpits. I bought a deodorant and am contemplating the removal of my sweat glands. Then my friend began complaining about my breath. He said, "Frankly Richard, you've got bad breath!" Can you imagine that? And I'm the President! Next I began to smell my genitals and they stink also. I think they're rotting. I got a spray deodorant for them. At the moment I'm afraid to think what part of me is going to start stinking next and I don't think there are any other sprays I can use to cover them up. I don't want to lose my friend. What should I do? R. Nixon

Dear R. Nixon: Instead of buying so many sprays to cover all those foul odors coming from your body, you should stuff your friend's nose with wax so he at least could live with you.

CONFIDENTIAL to Harassed: I too have had such difficulties with unwanted solicitors and peddlers. You have no idea the stories I could tell you. But that does not solve your problem. I think your problem is solved by that old addage, "An apple a day keeps the doctor away, but an onion a day keeps everyone away."

Everyone is not writing to Dr. Zane and you can do the same. So if nothing is troubling you or you wouldn't like any question answered, then write to Dr. Zane at P.O. Box, Camarillo-Norwalk and you will be sure not to get a reply.



CHANGES FOR A CHANGE

By Vicki Goldstein

What would you do if I told you there was a restaurant in Venice where you can get a delicious, nutritious meal for under \$1.00? Would you go right over there?

Well, there is such a place, It's Changes restaurant at 205 Ocean Front Walk and it's open Tuesday thru Sunday from 1:00 to 9:00.

Changes is a macrobiotic restaurant. Jeff, one of the owners says "macrobiotics is the art of selecting and preparing foods for mental and physical health. Another way of putting it is "balancing your insides to feel good on your outsides."

Almost all of the food served at Changes is organic and all of the food including the breads and cookies, is prepared on the premises. The staples come from Erewhon and the produce from Food Chakra in Topanga;

Complete dinners start at \$1.00. Your dollar buys a cup of soup, a bowl of rice and vegetables and a serving of beans, but it's also possible to keep the tab under a dollar and still fill up. Here are some sample menus;

cup of soup tea

.75

vegetable croquettes 2 for beans

The most expensive dinner is the shrimp tempura with soup, salad, rice, and vegetables and tea for \$2.75. Shrim tempura is delectable. It's made by dipping the shrimp in a whole grain batter and then frying them in soy bean oil. Vegetable tempura, made similarly, is also great. If you order this dinner you'll first be given your choice of miso soup or soup of the day. Some of the soups I've tried have been lentil, split pea and spinach. They've all been jasty but here's my one lentil, split pea and spinach. They've all been tasty but here's my one complaint at Changes, the soup isn't as hot as I would like it to be. After soup comes salad and it is really a treat. All kinds of good things are in the salad and the green chopped spinach dressing is unique. Then come the shrimp and rice and vegetables.

Bancha tea is always free and you are encouraged to serve yourself from the urn. If you are still hungry there are desserts available. For example, two very large, good tasting pear cookies cost.25.

Changes is owned and completely operated by three families. The service is prompt and pleasant and the portions are so generous that Changes is prepared to pack up your leftovers so that you may take them

leftovers so that you may take them home and feast again. Next time you are hungry stroll down Ocean Front Walk and have a great meal. And you can tell them Vicki sent you.



Another funfilled day on the Venice Bike Path.

PLAY PREVIEW



SWEET BIRD OF YOUTH

by Jim Zane

Answering the question that has plagued mankind since time immemorial, "Is bestiality emotionally satisfying?" Tennessee Williams' SWEET BIRD OF YOUTH, directed by Mike Damon, will begin a two night run at UCLA's Schoenberg Hall auditorium on January 10. Both performances will be free to the public; not just students but everyone will be admitted at no charge.

Although one of Williams' other plays (STREETCAR NAMED DESIRE) will be performed at the Ahmanson at approximately the same time, it isn't any match for Sweet Bird-especially when one compares the prices.

Moving performances are given by John Lane as the small town stud who's never quite made it in the big time, and by Betsy Smith who plays his travelling companion, an aging movie idol.

As the power-mad, evangelical, Southern politician, David Shuster pull: the

audience out of their seats. Due to the fact that the play is free and there are no tickets needed, many people may lose their seats because of this. Watch out!

Playing the assistant hotel manager, Don Brannan is a delightful mix of menace and milguetoast that one has come to expect in assistant hotel managers everywhere.

Jim Zane's portrayal of the bartender approaches and sometimes achieves the heights attained by Ed "Kookie" Byrnes in his memorable role in 77 SUNSET STRIP.

Memorable performances will be given by Victor Raphael, Margaret Bednarski, Mike Heafey, Carol Bantrell, Temma Kramer, Leon Jones, Bob Eisele, Jeff Horvitz, Maggie Browne, and Gail Williamson.

Set design is by Don Coleman, lighting by Larry Weimar.

A good time is guaranteed for all at Schoenberg Hall auditorium on the nights of January 10 and 11. It's free. So be there.

NIXON NOW MORE THAN EVER?

by Maurice LeCroy

Richard You-Never-Had-It-So-Good Nixon made the following press release on October 30,1972:

"It gives me great pleasure to sign H.R. 1, landmark legislation that will end many old inequities and will provide new benifits for older Americans, the blind and the disabled. H.R. 1 will establish, beginning January 1, 1974, a nationally uniform system of benifits for people in these groups. These people now are subject to great inequities and considerable red tape inherent in the present system of varying state programs with different benefits, eligibility standards and rules. The cost of this measure for calendar year 1974 is estimated to be \$1.5 billion over what is being spent under the current law.

The new national plan - one I have long urged upon the Congress-will provide a mimimum monthly benefit of \$130 for an individual and \$195 for a couple.

This entire program will be fully financed by the Federal Government and efficiently executed with a minimum of paperwork by the Social Security Administration.

This legislation once again provides dramatic and heart-warming evidence that America is the country that cares-and translates that humanitarian care into a better life for those who need, and deserve the support of their fellow citizens. The American way of life is the high achievement of our era and the envy of the world, and responsive and responsible legislation such as this is one major reason why.

I am highly gratified to be able, at long last, to put my signature on H.R. 1 - thus lifting these long-sought benefits out of debate and placing them into the laws of our generous and compassionate land."

It is difficult, but it is necessary, above all, to know who is insane and who is not, notes Daniel Berrigan in the introduction to Prison Journal of a Priest Kevolutionary, by his brother, Philip. (Ballantine Books \$1.25) Daniel Berrigan suggests a few criteria:

"It is madness to squander the world's resources on lethal military toys, while social misery and despair rise around a chorus of the damned.

It is madness to create the illusion of political or social change, all the while standing firm for spurious normalcy.

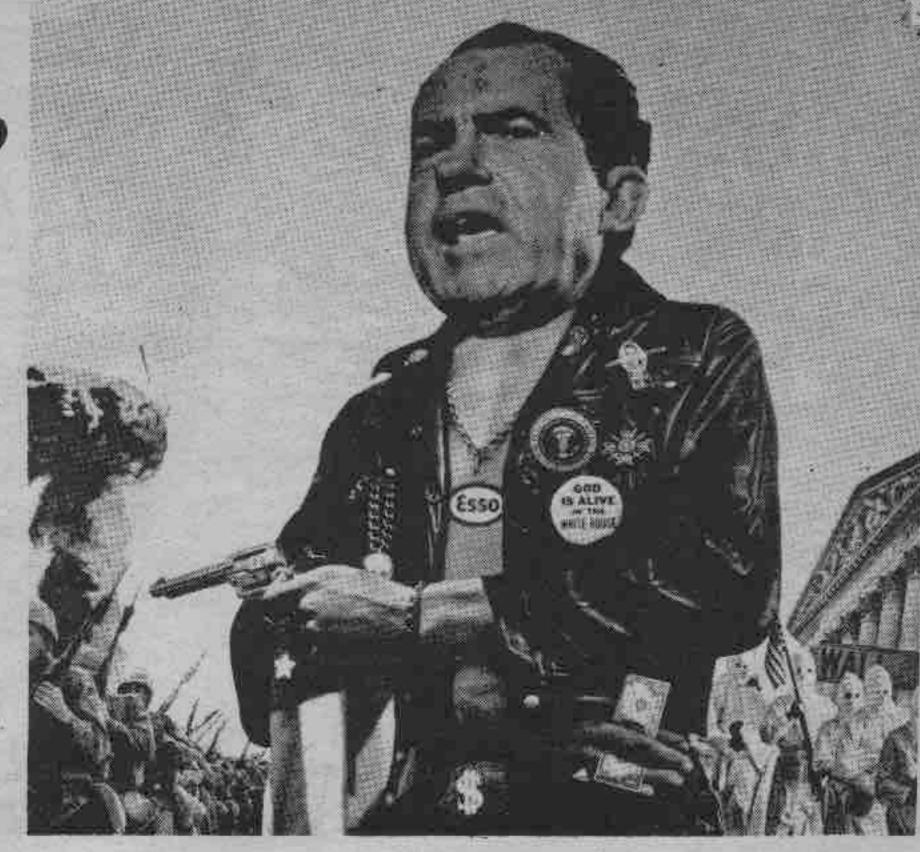
It is madness to renege on one's word, by activity that plays out the game one pretended to replace.

It is madness to ignore, with special savagery and determination, the viable and impassioned activists in our midst."

"The madness goes on", said Berrigan in '71 or before, "it proliferates mightily. Behind a facade of sobriety and temperate action, the worst instincts of man are

armed, rewarded, and set loose upon the world."

The 1.5 billion dollar increase in public assistance that Nixon finds so gratifying constitutes much less than one percent of the national budget. How can a sane man say this "provides dramatic and heartwarming evidence that America is the nation that cares" while 50% of national spending is for the war boys and their war toys. How can a sane man represent himself to be a party to "translating humanitarian care into a better life' while he administers the mass murder of our fellow men. How can a sane society hold to the ideal of being a "generous and compassionate land" while enacting such atrocities and picking up the tab, year after year.



FOUR MORE YEARS

by Jim Zane

It's interesting how the Times change. On December 28 the Los Angeles Times contained editorials complaining about the Nixon Administration's renewed bombing of Vietnam and Nixon's crackdown against the press. Yet that was a little more than two months since they had endorsed Richard Nixon for the Presidency.

Thus the L.A. Times helped bring about that "mandate" which Richard Nixon so desperately wanted, and now they're upset because he's doing the things that many of us feared he would

It's like that old saying concerning Nazi Germany: First they arrested the Communists and I didn't care-I wasn't a Communist. Then they arrested the Jews and I still didn't care because I was not a Jew. Then they knocked on my door and arrested me but I couldn't stop them-there wasn't anyone left who cared.

And the Times never criticized. The L.A. Times did not complain about Nixon's war. The L.A. Times did not cry out against the corruption and deceitfulness of Richard M. Nixon and his cronies. The L.A. Times did not give coverage to Nixon's reign of repression on such people as the Venice Five and the Seattle Conspiracy trials, etc. The L.A. Times did none of those things. Thus they were typical of the majority of Americans: give them their beer, televised football games, a picture of Billy Graham, and then they're happy.

But now Richard Nixon is knocking at their door and there just may be no one left to care. Now they're becoming concerned about repression at home because it's affecting them. And even though that's bad, it still doesn't compare with what the Vietnamese are having to experience because of our bombing of

their country.

The L.A. Times and the majority of America got what they wanted, and now I hope they can enjoy it-four more years.

HERB STORE FOR SALE COMPLETE INVENTORY AT COST GOOD VENICE LOCATION THEY'VE HIDDEN HIM ABOVE THE CLOUDS: RENTS FOR ONLY \$75/MO CALL 399-2268 OR 399-1878

by Ed Ferrar

HE STILL KILLS.

The United Farm Workers have begun a boycott of Safeway Stores as their major thrust in the renewed boycott of head (iceberg) lettuce. The Union energies were diverted by the thrust of proposition 22. Now that that is disposed of, thank you, the United Farm Workers are getting down. to business, unionizing the field workers of the iceberg head lettuce industry. About 10% of Agriculture workers are union. A good part of these are the 80% unionized in the grape industry. The success in the grape industry was made possible by the world-wide grape boycott. The United Farm Workers hope to do the same in the lettuce industry. To attain this goal, the United Farm Workers are asking their supporters in the cities to mount a con-

Workers are trying to get D'Arigo, with farms in California and Arizona, to come

talk at the negotiating table. The UFW had a two year contract with D'Arigo. It has expired, and the owners refused to negotiate. Their fields in Calexico and in the Imperial Valley fly the United Farm Worker Eagle to tell everyone that there is a Huelga-a

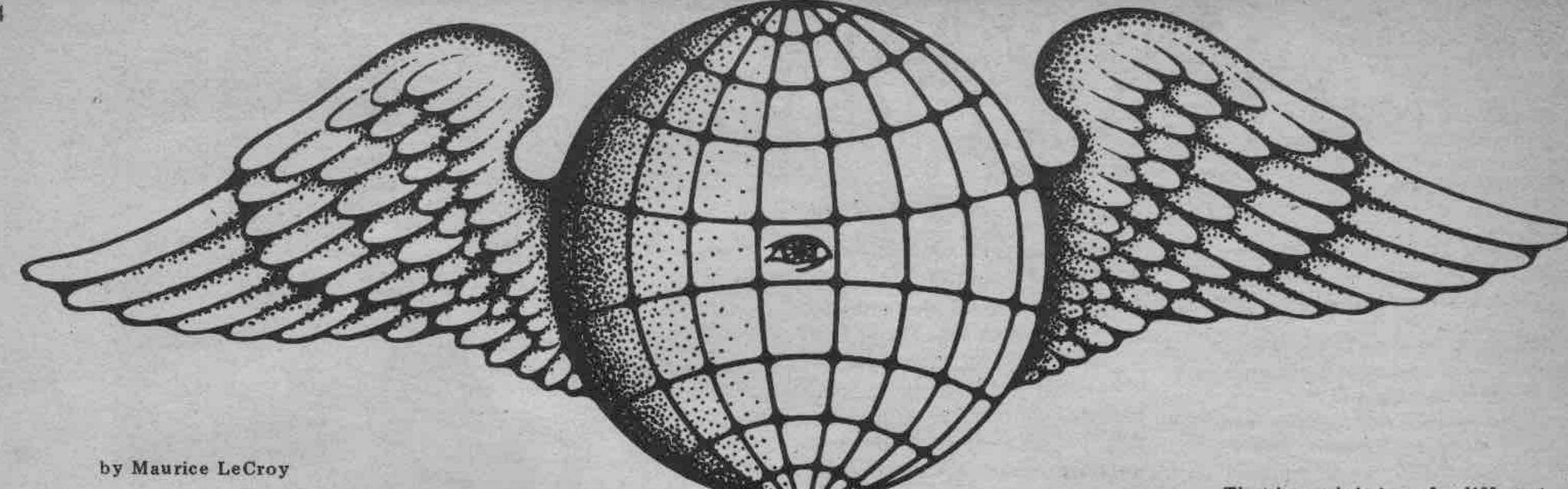
strike. The hopes of bringing to the lettuce industry the benefits most workers of the grape industry enjoy lie in continued active support in the cities. The UFW have asked Safeway, Inc. to help farm workers attain a better standard of living by not buying nonunion iceberg lettuce. They still continue. They are the largest purchaser of non-union head iceberg lettuce west of the Mississippi. Please do not buy iceberg head lettuce unless it has the Union eagle. Please do not shop at Safeway, and if by chance you do, tell the manager or someone there that, as a customer of their store, you do not want them to buy non-union iceberg head lettuce. If you would like to volunteer to help full-time or part-time or whatever you can, call the UFW at 381-1136 or 396-8160.

Steve Mattson The Goody Well Early Dunk and Junk

sumer boycott of iceberg head lettuce. At the present time the United Farm 2 pm

1520 W. WASHINGTON VENICE

399-9401



The fairest thing we can experience is the mysterious. It is the fundamentan emotion which stands at the cradle of true science. He who knows it not, and can no longer wonder, no longer feel amazement, is as good as dead.

Einstein

"So you really believe in astrology, huh?"

That question really gets to me.

Occasionally I pass it off with a nod;
but usually, I try to explain that the
rules of astrology do not rest on belief in some tradition, or on proving
a theory about the means by which
the planets could influence us.

Astrology and the rules of its practice can and should be determined by observation, not by belief. This does not mean that each of us has to work out the rules ourselves.

Much research already has been done for us to put to test. For example, the two volume Astrological Research and Reference Cyclopedia, published by the Church of Light, contains the results of the analysis of many thousands of horoscopes.

Observing the correspondences between particular earthly events and the astrological phenomema at the time of the events, led to the discovery of hundreds of astrological constants, and the confirmation and refinement of a set of astrological rules which have come to be known as the hermetic system of astrology.

Even though astrology is independent of any theory, the question remains, how does it work. As was emphysized in the previous article, we live in, and are an expression of a continuum of energy. Albert put it real simple in his 1938 hit, The Evolution of Physics. He said, "Mass is energy and energy has mass." So matter just appears to be solid, and space just appears to be empty. There is a lot going on behind the "seens": gravitational fields, electrical fields, magnetic fields,

Quoating again from Einstein and Infeld:

"Field represents energy and matter represents mass.... We could therefore say matter is where the concentration of energy is great, field where the concentration of energy is small. But if this is the case, then the difference between matter and field is a quantitative rather than a qualitative one. There is no sense in regarding matter and field as two qualities quite different from each other. We can not imagine a definite surface seperating distinctly field and matter. What impresses our senses as matter is really a great concentration of energy into comparatively small apace."

Einstein's Field Theory is precisely in accord with the discoveries of the occult sciences which describe man as functioning both in a highconcentration-of-energy physical body and a low-concentration-ofenergy field form- the astral body. With practice, you can extend your consciousness right out of your physical form into your astral formlike when you dream. For most of us it takes a lot of practice to develope the senses of our field-form primarily, it is a matter of getting the intermation from the subconcious to the conscious mind. Each of our physical senses has a roughly corresponding astral, or psychic sense. Corresponding to touch is the astral sense of psychometry - the ability to perceive the events that have occurred in the vicinity of that which one touches. One with this sense developed(carry on Jeanette) can tell about you by feeling your ring, for example. Corresponding to physical sight is clairvoyance - the ability to see unhindered by time and space, the restrictions of our low velocity, high-concentration-ofenergy bodies. With this sense it is possible to see even into the realms of the so-called dead. The correlary of taste is the astral sense of energy absorption; and corresponding to smell is the ability to sense astral aromas. Clairaudiance is the psychic sense of hearing. The anciants included intuition and telepathy as physical senses, so common was their acceptance, and inspiration and spiritual communion are their correlaries.

It is worth while to carefully develope the psychic senses, because with them we can explore our field, or inner plane environment in which we will be functioning entirely when we discard our physical form.

Another characteristic of our field body is its sensitivity to the fields of the planets.

Edgar Larkin, director of Mount Lowe Observatory in 1923, said at that time:

"The astronomers at the Mount Wilson Observatory made a great discovery with their new delicate magnetometers, that rotating sun spots are surrounded by an electromagnetic field of force, and magnetic lines extend to space. This is an important fact in Nature. A dynamo is a rotating metallic mass in an electromagnetic field of force between poles. Then the earth is an armature, since it contains metals and is in rapid rotation."

C.C. Zain, in the section on Astral Vibrations in the Brotherhood of Light text, Laws of Occultism, elaborates this point:

orates this point: "The boundless regions of space undoubtedly are fields of energy; for thousands of universes other than our own are known to be rushing through it with an average speed of 480 miles per second. These universes certainly radiate energies other than the light by which they are seen. The more than a billion suns comprising our universe [known to us as the Milky Way] have a usual speed among themselves have a usual speed among themselves of from 8 to 21 miles per second. Our sun, carrying with it the earth and other planets of the solar system, travels with a speed of about 121/2 miles per second; and the earth on which we live moves in its orbit around the sun at the rate of 181/2 miles per second."

The sun, then, crossing the cosmic fields of force, could be considered not only as a dynamo, but also as a great step down transformer; and the planets, revolving about the sun, cut its energy field. "This is not an electromagnetic field of energy only," Zain continues, "but also an astral energy field and a spiritual energy field fields or greater velocity, higher frequency, lower concentration than electromagnetic energy fields]. And the planets cutting this huge energy field in turn become transformers and transmitters of energy.

That is, each being of a different chemical composition and different density of material, they each are adapted to picking up energies and stepping them down to certain other frequencies and radiating those into space."

These stepped down energies are of such frequencies as to stimulate our individual field bodies - each according to its own planetary nature and according to the frequencies to which we are tuned. This stimulation on the subconscious level leads to corresponding patterns of thought, action, and events on the conscious level.

The frequencies to which we are responsive- to which our dial is set, radio fashion- are the frequencies of our dominant thought and emotional patterns.

The astrological chart of birth, the horoscope, is precisely a map of the frequencies to which each individual is uniquely attuned and the department of life (personality, personal posessions, work, partners, friends, and so on) through which these energies will express if nothing is done about it. For the person who is not inclined to work at self change, the birth chart remains valid throughout life.

By making a conscious effort to direct our thinking and enduce the emotion of our choice, the basic toolsof alchemy, we can alter our attitudes, and thereby achieve self transformation. This the alchemists called the Great Work. Changing our attitudes - and there is nothing more difficult - changes our dial, so to speak, tuneing us in to different frequencies than those indicated in the chart of birth. The more aware we are of the astrological input, the more freedom we have to direct the expression of the energy.

The energy patterns mapped by the birth chart can be changed; and astrology and alchemy should be used as tools for maximizing our potentials.

This column reflects the teachings of the Brotherhood of Light, Text books and free classes in astrology and the Tarot are available to the public at the Church of Light, 659½ So. Saint Andrews Place, L. A. For more information, call 392-8586.

PLANETARY EXPRESSION

PLANET NAME	ARY SLMBOL	RULES THE SIGN	BEST CHARACTERISTIC	WORST	NATURE	THOUGHT FAMILY (BASIC URGE)	PHYSIOLOGICAL CORRESPONDANCE	BRINGS TO THE SIGNIFIED DEPARTMENT OF LIFE
SUN	0	R	RULERSHIP	DICTATIVENESS	ENVIGORATING	POWER SELF ESTEEM	HEART	VITALITY
MOON	3)	3	ADAPTABILITY	INCONSTANGY	IMPRESSIONABLE	DOMESTIC	FLUIDIC, LYMPHATIC SYSTEM	FLUCTUATION
MERCURY	ğ	IIM	PERCEPTION- EXPRESSION	RESTLESSNESS	REASONABLE	INTELLECTUAL	TONGUE, BRAIN, NERVOUS SYSTEM	THOUGHT
VENUS	2	350	AFFECTION	PLIANCY	MILD	SOCIAL	SKIN, VENOUS SYSTEM INTERNAL SEXUAL ORGANS	GRATUITIES
MARS	8	op ma	INITIATIVE	HARSHNESS	ENERGETIC	AGGRESSIVE	MUSCLES, SINEWS EXTERNAL SEXUAL ORGANS	STRIFE
JUPITER	2	XX	BENEVOLENCE	CONCEIT	JOVIAL	RELIGIOUS .	LIVER, ARTERIAL SYSTEM	ABUNDANCE
SATURN	7	xx 13	SYSTEM	FEAR SELFISHNESS	CRYSTALIZING	SAFETY	SKELATAL SYSTEM SPLEEN	POVERTY
URANUS	H	***	ORIGINALITY	ECCENTRICITY	DISRUPTIVE	INDIVIDUALISTIC	(UPPER OCTIVE OF	DRASTIC CHANGE
NEPTUNE	4	H	IDEALISM	VAGUENESS	VISIONARY	UTOPIAN	(UPPER OCTAVE OF ?)	ILLUSION
PLUTO	8	ma	SPIRITUALITY	INVERSION	COOPERATIVE	UNIVERSAL WELFARE	(UPPER OCTAVE OF)	COERCION

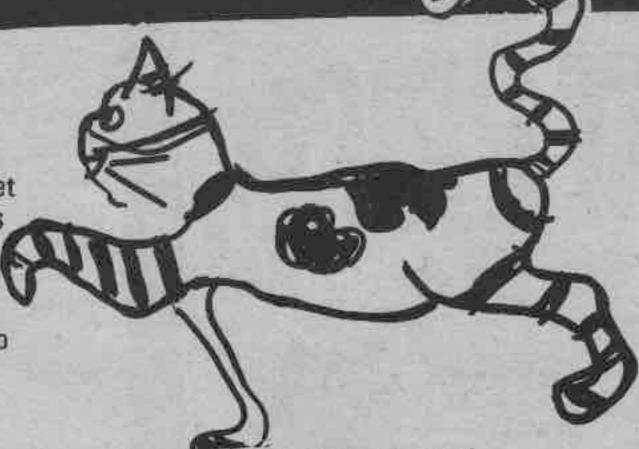
WHY SHOULD I NEUTER OR SPAY?

by Joanne Curtis

The cat and dog population has reached the crisis point. The statistics are overwhelmingly heartbreaking concerning the unwanted and homeless cats and dogs that are put to sleep every month. If only all pet owners would just neuter or spay their pets before the unwanted litters appear.

"I can't afford it" or "It's unnatural" are two very common responses to neutering and spaying. There can be absolutely no excuse for an unaltered housepet when 20 million unwanted and homeless cats alone are born annually. Cats and kittens are gassed at the horrifying rate of ONE PER MINUTE in Los Angeles County and the rest are forwarded on for experimentation. covered with fleas and he had the sad, If you can't afford to alter your household pitiful look to his face of a cat who had pets, then you really can't afford a pet. LOVE UNLIMITED (765-5683) offers FREE neutering and spaying for those on fixed incomes such as disability, welfare, unemployment or social security. These people are truly poor and would gladly pay if only they could. As for neutering and spaying being "unnatural", I feel Ernie's story is a good example.





Six months ago, Ernie's life was doomed. He was a scrawny, beat-up, Tom-cat been abandoned. Without much enticing, he stayed for breakfast one morning but remained hesitant and mistrustful, After weeks of regular meals and a good diet, his coat took on a new look. He still sprayed the pungent odor of unaltered males that marks their territory and he still participated in noisy, nocturnal cattfights with other stray males. I finally gained his confidence and had him neutered. This was the turning point in his life. He was now invited indoors as his spraying had ceased. There were cat toys to be introduced to and furniture to lounge on in his spare time. He was delighted with his new world and I would often glance over to see him on his back playing with a tuft of string like a small kitten.

Ernie gave up his life as a Romeo for regular meals, catnip toys, human love, and other cat companionship. It is unfortunate that I was unable to capture BEFORE and AFTER pictures but then no one would have believed it anyway. I don't think Ernie has any complaints about his new life as an altered housepet and as far as I am concerned, it is the best investment I have

ever made.

"SCIENCE AND THE PSYCHE

WORLD REVOLUTION IN CONSCIOUSNESS

by Maurice LeCroy

This is the theme of the eighth annual festival of the International Co-Photography" will be the subject of operation Council, to be held January 13 & 14, from 9 A.M. to 5 P.M. each day. The place: the L.A. Convention Center, 1201 S. Figueroa.

Fifty of the one hundred twenty five ICC member organizations will be participating in the creation of two full days of new consciousness experience. Bring your own overflow container - saturation is likely early in the day.

Saturday features four in deapth sessions.

The Vice President of the Center for the Study of Democratic Institu- ness celebration with Haridas tions, Frank Kelly, will explore "Possibilities of Transformation: Is there a need for a new man."

Joseph Kamiya, Ph.D., of the Langly Porter Neuropsychiatric Institute, San Francisco, will discuss "Voluntary Control of Internal States."

Charles Tart Ph.D., from the psych. dept., U.C. Davis, will share the results of his research in altered states of consciousness, particularly the "Out of the Body Experience."

"Accupuncture and Radiation Dr. Kendall Johnson M.D., of the U.C.L.A. Neuropsychiatric Institute.

Sunday begins with a people's assembly followed by dialogue sessions in each of the major fields of endeavor of ICC member organizations: education, communication, consciousness expansion, research, personal growth, spiritual understanding, community involvment, world integration, and cultural understanding.

Then the desert: a new conscious-Chaudhuri, Ph.D., discussing "The Science of Meditation", and Shafica Karagulla, head of the Higher Sense Perception Foundation, discussing "Higher Sense Perception and the Super Conscious". Music, intergroup paper, 256 tons of glass, 60 tons of chanting, and the decleration of interdependence concludes the day.

Price of admission to all sessions: \$12.00. For more information call 345-8325.

BIOFEEdback TROINERS

GLASS (METAL FREE) **NEWSPAPERS** TIN (STEEL) CANS ALUMINUM (FLATTENED) WESTSIDE RONMENTAL CENTER 2021 S. BARRINGTON AVE. 478-3429

By Joanne Curtis, Volunteer Treasurer for the Westside Environmental Center



The Westside Environmental Center came into being on the 23rd of September, 1971, as an outgrowth of Ecology Action. The group was small and the idea of a total volunteer community group was strong. This concept became the nucleus of one of the few total volunteer recycling centers in Southern California.

The people involved were just as diversified as the items that we recycled. Many of these people are still active volunteers after a year of operation and they are: Al Beach, postal employee; Bob Burgess, engineer; Frank Curtis, shipping-receiving; Joanne Curtis, bookkeeper; Bonnle Johnstone, secretary; Dave Kendle, engineer; Ralph Kunin, retired businessman; Dennis Lyday, student; Ed Panacek, pre-med student; Liz Provenzano, Montessouri teacher; Nancy Sidle, mother; Milton Takei, factory worker, Mike Timko, initiative organizer, and Jim Castle, engineer, who designed and built our toolshed door and movable steps. There are many others who worked for a few months and then went on to other things. They were an important part of the recycling center and without them we could not have completed our first year with the success that we have achieved. We want to express a sincere thank-you to everyone who gave a few hours of themselves here and there. We appreciate the great service and the pleasant relationship we have had with Wayne Young of United Paper Stock who has done our hauling. Also a special thanks to the Co-op Market.

The Westside Environment Center has been able to detour 773 tons of tin and 6½ tons of aluminum which is a total of over 1,095 tons away from the public dump sites and land fills. Not only were we able to recycle these materials out of the community but we were able to recycle money back into the community. Since our overhead was minimal, we were able to put back into the community a good deal of the total \$9,231.45 which the recycling center grossed in the last year.

follows: 486.43 Depot Maintenance 400.00 Maintenance Deposit 700.00 Rental for Center 200.00 Rental for Office Office Supplies and 429.06 Educational Material 303.89 Telephone 223.99 Advertisement

TOTAL

2743.37

Our expenses for the year were as

The money which went back	into the
community is as follows:	
Save Santa Monica Bay	106.38
W.L.A Library (Books)	196.19
Calif. League of Conserva-	
tion Voters	200.00
Zero Population Growth	330.00
Venice Recycling Center	235.00
Friends of Animals, N'Y'	100.00
Peoples Lobby	853.10
L.A. Free Clinic	25.00
KPFK Radio Station	100.00
Pet Pride Humane Organiz.	125.00
Environmental Action	100.00
Save Black Mesa	275.00
, Natl Urban Park League	25.00
Sierra Club, Angeles Chapter	25.00
Calif. Coastal Initiative	925.00
No Oil	125.00
Fair Campaign Practices	109.14
Save S.M. Mountains	217.00
Co-op Market (Bike Rack)	96.46
Friends of the Earth	100.00
Fairview Library (Books)	150.00
TOTAL	4418.27

Approximately \$30.00 per month of returnable bottles were deposited at the Center. These bottles were donated to the Co-op Market and we strongly urge everyone to return bottles where they were purchased because this is the purest form of recycling.

4418.27

TOTAL

I do want to repeat that we are a total volunteer group and many of us have spent back breaking hours at the recycling center so that important environmental issues could receive the necessary financial support. We hope to evolve to a point where we can make a bigger effort to send representatives from the recycling center out into the community to educate the public but because our staff of volunteers is limited, we must still concentrate on the operations of the recycling center.

The Westside Environmental Center is open 7 days a week, 24 hours a day. We process the following items: bottles, remove all metal and aluminum rings from neck of bottle; steel or tin cans, please rinse; aluminum cans, flatten completely; newspapers, no need to tie or bundle, and magazines, separate from newspapers. The recycling center is located behind the Co-op Market and the telephone number is 478-3429.

We are pleased that we had such a good year and we thank all of you who took the time to bring your properly prepared items to the center to be recycled.

Long March Bombed

At about 5: 30 am on Thursday morning, December 7, the Long March was firebombed again. This time a suspect was arrested and there is good reason to believe that at least for the immediate future these attacks will cease. This was the most severe attack we have recieved; aside from the structural damage we lost about \$5,000 in contents—

These films were crucial to the left, for as Los Angeles Newsreel, we are the pnly organization in the southwest which distributes radical documentary films to community, student and GI groups at accessable rates. These films have been crucial in the organizing and educational work of numerous organizations.

Over the last two years the Long March has attempted to provide the people of LA with educational programs that are not available anywhere else in the city, Movies and speakers have been presented giving an honest radical perspective on the various struggles of Asia, Aftica, and Latin America against imperialism, about the developing socialist countries, about the fights against racism, male supremacy and political repression, about the growing working class and people's movements. Struggles that on the one hand are of crucial importance to the people, and on the other, have been distorted and ignored by the mass media.

At this point the Long March is closed.

Newsreel Films has been severely crippled.

Your support is needed now as never before. Only with your support can the

Long March and Newsreel continue.

We urge you to examine in your mind the importance of these events. We ask that you, that everyone who has utilized the facilities of the Long March or Newsreel, everyone who wants the Long March to continue, make a contribution of a hundred dollars, twenty dollars, ten dollars or what you can. Be generous in your support, without your participation the Long March will not recover. Mail contributions to: The Long March, 715 S. Parkview St, LA 90057

STAFF PHOTOGRAPHERS:

GERRY GOLDSTEIN, 823-7374 GAIL WILLIAMSON, TANK-YUK

FOUL WEATHER CLOTHES
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Existential Democrats

By Steve White

The Democratic Party today is a vast political organism trying to bring into the political process (which may be visualized as the human digestive process in reverse) those human elements of the population who are unrepresented under-represented, and that oblique hunk of the middle class pie too poor to be Republican, plus 100% of America's bleeding heart liberals. Sometimes, this group is a majority of the electorate.

While it is unfair, but true, to say the Republican Party is devoted to making the few rich, it is unfair, and also untrue, to say that the Democratic Party is devoted to making everybody poor. It is more correct to say the Republicans favor the few, while the Democrats favor the many. However, since the basic aspiration of American society is the desire on the part of the many to become the few, we do see, at certain times, a majority of the electorate voting against its own self interest. Or, to put it another way: A lot of voters secretly admire and would like to be Richard Nixon. This is stranger yet when you take it into consideration that this group does not include Nixon, himself.

At present the Democratic Party is a moiling coalition, vainly searching for its own center. To this end, the Democratic National Committee has lopped off its head, affable "Chairbroad" Jean Westwood, and replaced her with Robert Strauss. In so doing, the DNC has replaced a Utah Mink rancher with a Texas oil man. This shift to the Texas axis represents the efforts of Senators Hubert "the Hump" Humphrey, John "Crybaby" Muskie and Henry "Scoop"

Jackson to find the center of the American electorate. Presumed to be somewhere near Abilene.

All of the above brings me to the subject of this article: The McGovern voter as a existential Democrat. We, the McGovern supporters, are still in the party, though not in control, and they the fat asses, are still in the party, but now in control. Well, the job falls on us to continue the fight within the Party. We have to engage this Center-Thing and flog it into accepting some of the plands from our demolished platform of 1972. These would include: Stop the War, Stop the Bombing, perhaps through cutting off war funds in Congress; Accept Party Reforms that opened up the '72 convention, perhaps by mobilizing support when the Party holds its mini-convention in '74, to consider the McGovern rules; Federal Health Care and an extention of medical care to cover dental and eye care; Property Tax Relief coupled with a guarantee of decent, affordable housing for those who own and rent.

These programs can be achieved by backing local candidates who will work

POEM FOR TWO YOUNG.
JAPANESE WOMEN IN THE PARK

I sit across from you across a small sand square, and I watch you behind our children's voices on a turning carousel.

You are so lovely

your skin, oat colored, molds your delicate perfect bodies kept lithe with self esteem.

I feel clumsy and rough
when I look at you
one of you blooming
with another child
roundly, sweetly
in this afternoon's sun.
I can imagine
your smooth belly
beneath your clothes
completely at ease with its weight.

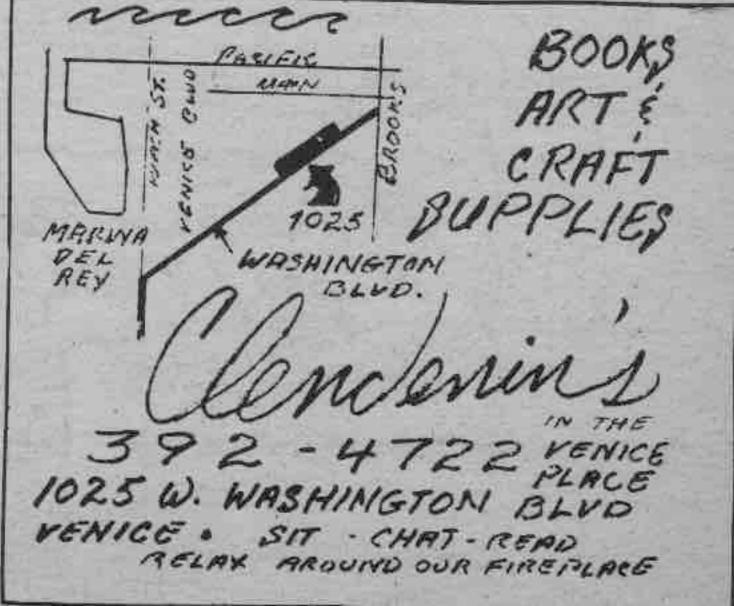
Some poise centuries old, acquired from wholly other rituals and from another land, graces you both. And though you live and and believe in America, though you buy its products though you bring your sons and daughters to its innumerable playgrounds still you have managed to retain that grace; which quiets and amazes me and which lends harmony to your children's voices.

—Joan Fenn

for them, by insisting our federal candidates work for them and by committing ourselves to wrk ourselves to work for them. We can and should ally ourselves with other organizations who share our aims, like the farmworkers. Locally, we must stay organized as McGovern people, and work to preserve our Venice-Oakwood-Ocean Park community community, a community in which McGovern carried 68% of the vote.







COMMUNITY SERVICES

JOB INFO CENTER 316 Lincoln- 392-4811

VENICE LIBRARY 610 California Ave, 821-1769 M-F 1-9 pm, Sat 9: 30 am- 1 pm

FAMILY PLANNING CENTER 1501 Pacific Ave (at Market) EX2-4147

BENJAMIN RUSH CENTER Help for your head- 392-4905

VIETNAM VETS AGAINST THE WAR 734-2136

UCLA DENTAL CLINIC 392-4125

ALCOHOLISM SERVICE CENTER NAPP Community Center 1101 W. Wasn 1101 W. Washington Blvd. Venice, Ca. 90291 Hours: Mon-Wed-Fri - 5 PM

VENICE COMMUNITY MEDICAL CENTER

826 Hampton Drive Venice, Ca., 90291

call 392-7722 Cancer test for men and women FREE OF CHARGE Examenes de Cancer para hombres y

mujeres SON GRATIS

Wednesday (Niercoles) 2-5 PM Friday (Viernes) 1-5 PM

RECYCLING Westside Environmental Center Behind the Co-op Market 2021 Barrington Ave, West L.A. 478-3429 Open 7 day/wk, 24 hrs

Co-op?

Why don't you leave your cooperatively owned home to walk or take your Co-op brand vehicle (which you purchased or rented from Co-op Vehicle Supply) to the Co-op supermarket to purchase lettuce from a farmworker owned co-op and some Co-op label crackers for the ducks on the cooperatively owned canals? You don't because it's easier to rip off the other guy than to work for mutual benefit, because it's easier to live it up today than to build for tomorrow, because . . . Yet, by a rather conservative estimate, your standard of living would probably increase 25% simply from elimination of waste in sales and regulation in the Cooperative Commonwealth (where dominant enterprises were consumer cooperatives)even if the people still decided to fight Asian wars and so forth.

Does "co-op" bring to mind packing of little bags of food in some garage or high prices at a store on Barrington Av? It turns out that the prices at the Co-op Market are lower that in other stores of the same size and average only about 3-4% above Safeway, that the prices would be lower if it recieved support commensurate with the facilities avail-. able, and that the Co-op label products

STRUNG OUT? WORRIED ABOUT A DRUG PROBLEM? DON'T KNOW WHERE TO GO? MAYBE WE CAN HELP YOU

Venice Drug Clinic 1806 Lincoln Blvd. Venice- 392-4114 8 AM-9:30 PM MON-FRI

Rap sessions, therapy groups and individual counseling for users, X-users, parents...

-Medications for taking the edge off kicking...

-Referrals to other programs (hospitals, kick pads, halfway houses, methadone maintenance list...)

24-HOUR DRUG EMERGENCY

Beginning on a Mon-Fri. basis PRC (preventional referral counseling) has established a 24 hour a day medical evaluatory service for O.D.'s, bad trips and the like

NO COPS..... NO HASSLE.....

For information or emergency call 392-5745 24 hours a day. Due to lack of money, people, etc. this service is only offered MON - FRI to begin with.

> PRC 605 6th Ave. Venice, Ca.

We are a group of young Jews in the Venice area interested in a radical return to Judaism and the problems of Jewish culture and identity. If you are interedted or have any ideas or suggestions please contact Avraham Montag at 50 Breeze Avenue, apt. 1 or call 396-9310.

offer generally better quality for the price that you will find at any of the oligopoly markets. As for the little bags, co-op does not mean every member must share the routine labor regardless of interests or skills nor is there any restriction on the size of co-op stores or the variety of products offered (except size and loyalty of membership), but it does mean democratic control, open membership, freedom of information savings belong to consumers, limited or no return on capital, and constant education. The little bags could be a means of cultivating cooperatives in the Great

"LA Desert, but not if they are viewed (as in the Free Venice Co-op) as ends in themselves. If we consumers are to survive and hope to inherit the earth after the current three-way (monopoly capitalism, state socialism, cooperation) world war, we must build to ownership and control of stores, trucks, warehouses, etc., capable of taking everything Big Capital can throw at us and tossing it back.

Beating the prices of the big discount chains with a small co-op store is not easy, but the Equitable Society of Pioneers has an answer. It's a "directcharge" (d-c) co-op which serves only members, sells merchandise at cost (wholesale rounded to the next penny). and pays expenses with a weekly charge (the direct charge) which does not depend on the amount of purchase. The amount of saving depends, of course, on the amount of purchases by a member household, but we have calculated

HITCHHIKERS 931-4357

YOUTH CLINIC 905 Venice Bl. Medical help: 4: 30- 10 pm also draft counselling, group therapy

DRAFT COUNSELLING

1. Valley Peace Center, 7105 Hayvenhurst, Van Nuys- 787-6925

2. Papa Bach Bookstore 11317 Santa Monica BI, West LA Dial: GRUBERG. MTuWF, 7: 15 pm

LEGAL AID

1. NAPP, 1101 W. Washington BI, M T W 6: 30-9 pm, 399-7737

2. 1607 Pacific Ave (upstairs)-392-4177. M-F 9: 30 am to 3: 30 pm

WELFARE & FOOD STAMPS 1. 11390 W. Olympic BI, 478-5511 2. Welfare Rights, RE2-8122, 731-5095

WOMEN'S CENTER 218 S. Venice BI- 823-4774. ABORTION REFFERAL 936-7466 823-4774

PET PRIDE (FOR CATS) 459-1703

FOOD CONSPIRACY For information, call 392-6970

CHICANOS

1. Community Service Organization (CSO) 823-9254

2. La Causa Youth Center 531 Indiana, Mon-Fri 392-5361, 392-1616

BLACKS

1. American Youth Academy 442 Lincoln BI, 392-2736

2. NAPP

1101 W. Washington Bl, 399-7737

COMMUNITY BOOKSTORE Midnight Special Bookstore 13351/2 W. Washington BI Tu-Th 12-9, Fri-Sun 12-6 Closed Mon. 392-7412

that a d-c store can be expected to save money for households spending over \$15 on food-\$8-10 if much of it is natural foods- per week compared to Safeway prices. For large households it should be no more and possibly less expensive than a food conspiracy- without the hassle. Membership in the Equitable Society of Pioneers (named, incidently, after the g group that founded the first consumer cooperative store in 1844) costs \$2 and we will begin operation in West LA on a miniscule scale this month. We will start with nonperishables and add perishables as memberships increase. Food stamps and taxible items are no problem. We are looking for a very inexpensive location in Venice (could use a garage meantime) which could be the back of another store or whatever, so if you know of any . . . Please call or write if you are interested- the more members we have, the better and faster it will work.

Address: ESP, George Tucker 11615 Mississippi LA, 25 Phones: 396-3771 (Bill) 478-1922 (George),

478-2471 (Mike)

i1829 Stanford Ave, Santa Monica 828-2444 or 392-3324

Westside Gay Community Center

GAY LIBERATION

A Westside Anti-Rape Squad has been formed.

In Case of Rape call:

Westside Women's Center 823-4774 If no answer, call 399-5785

We can accompany you to the police and hospital if you wish to go, give you information on legal first aid, medical information, moral support, or anything else we can do.

Whether or not you choose to report a rape to the police PLEASE report it to the Anti-Rape Squad. The only way we can begin an active program to help prevent rapes is to know the method of operation of the local rapists.

El Job Corps puede representar algo nuevo en su vida. Podra entrenarse en un trabajo interesante y bien pagado. Aprendera a leer y a escribir mejor el ingles lo que le permitira para desempenar bien su trabajo. Mas aun: el Job

Corps le dara dinero para sus gastos menores mientras usted aprende. Puede ingresar en el Job Corps

Puede escoger un oficio que le guste y tomarse el tiempo necesario para aprenderlo. El Job Corps le ayuda encontrar trabajo cuando termine.

Puede ingreasr en el Job Corps si tiene entre 16 y 21 anos de edad, ha dejado la escuela y necesita entrenamiento para un empleo agradable. Por mas informacion puede visitar la oficina de empleos, 326 Lincoln Blvd. al sur, En Venice.



Beachhead Staff

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Dawn Rouda

Carol Fondiller

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Gerry Goldstein

Maurice LeCroy

3015 DEGAN FAT WK. VENICA 396-9338 washington Blud Acr

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discount prices. 100 copies of your letter-size original only \$3.29. 1000 for \$9.50, Regular or recycled paper, black or colored ink! Same day service on most jobs in by 2 PM. Open 6 days. Business cards black or blue on white just \$6.75/1000 (1 week service.) 10% off on rubber stomps. Phone 396-6551 or stop in to save! 1639 W. Washington Blvd., near Venice Blvd.

MASTERS OF WAR

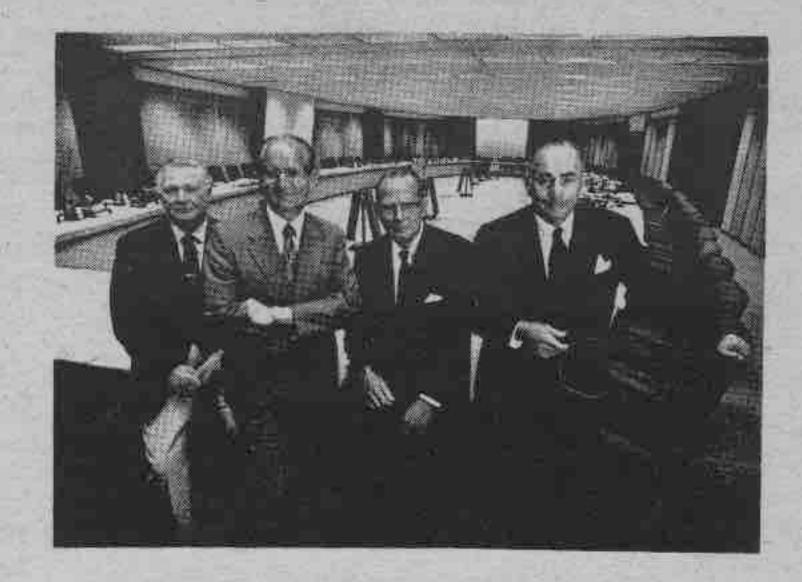
Come you masters of war
You that build all the guns
You that build the death planes
You that build the big bombs
You that hide behind walls
You that hide behind desks
I just want you to know
I can see through your masks

You that never done nothin'
But build to destroy
You play in my world
Like it's your little toy
You put a gun in my hand
And you hide from my eyes
And you turn and run farther
When the fast bullets fly

Like Judas of old
You lie and deceive
A world war can be won
You want me to believe
But I see through your eyes
And I see through your brain
Like I see through the water
That runs down my drain

You fasten the triggers
For the others to fire
Then you set back and watch
When the death count gets higher
You hide in your mansion
As young people's blood
Flows out of their bodies
And is buried in the mud





You've thrown the worst fear
That can ever be hurled
Fear to bring children
Into the world
For threatenin' my baby
Unborn and unnamed
You ain't worth the blood
That runs in your veins

How much do I know
To talk out of turn
You might say that I'm young
You might say I'm unlearned
But there's one thing I know
Though I'm younger than you
Even Jesus would never
Forgive what you do

Let me ask you one question
Is your money that good
Will it buy you forgiveness
Do you think that it could
I think you will find
When your death takes its toll
All the money you made
Will never buy back your soul

And I hope that you die
And your death'll come soon
I will follow your casket
On a pale afternoon
And I'll watch while you're lowered
Down to your death bed
And I'll stand o'er your grave
Till I'm sure that you're dead.

-Bob Dylan

