

# FREE VENICE BEACHHEAD

DEC 1972

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## MERRY CHRISTMAS?

by Vicki Goldstein

It's December. Merry Christmas and a Happy New Year. 'Tis the season to be jolly. Right? NOT NECESSARILY. In fact, the very season that emphasizes love parties gift-giving and merriment is the one during which many people become acutely aware of their loneliness. The media blasts togetherness at us. It may seem that everyone but us is at big happy family gatherings and parties.

What to do then if Xmas looks bleak and lonely this year? The first thing is to recognize that no Santa Claus will appear and make it all alright. Plan for yourself if you possibly can. Last year at Thanksgiving I got together with a friend and cooked dinner for everyone we knew who had no family to go to. Over 20 people showed up and it was really fun.

"O.K." you say, "Even if I do that it won't help. I'm simply desperate around holiday time." If this is the case, consider getting some help for your head.

The Benjamin Rush Crisis Clinic, United Hostess Group Counselling, the Oakwood Center, and the Spanish Speaking Language Center are available to help anyone in the Venice community who needs them. Fees are set on a sliding scale from nothing to about twenty dollars so don't let lack of money stand in your way. The clinics are located at 1426 south Main Street and are open from Monday to Friday. Their phone numbers are 392-4905 and 870-6029.

Following is a brief description of each of the clinics and the services they render.

The Benjamin Rush Clinic offers short-term emergency counselling directed towards helping people deal with an immediate situation such as death, divorce, O.D., job loss. If you go there for help you will usually be seen on the day you come in and then will have about six visits with a counsellor.

United Hostess Group Counselling on the other hand is on-going group therapy. The groups consist of about eight people and meet once a week for two hours.

The Oakwood Center is exclusively for the black community. As well as doing clinical work the Oakwood Center does a lot of community outreach and works with schools and other community groups. They also run a black womens group.

The Spanish Speaking Language Center provides similar services to the Chicano community.

There's an additional place to get help in Venice and that's at the Enter and Rap sessions at the Pavillion every Thursday night at 7:30. These sessions are open to anyone who comes in and are led by a trained therapist and a recreation counsellor.

There it is. Help if you need it.  
Happy Holidays.

### CLINIC'S OPEN

Mon. 9-5  
Tues. 12-2 5-7  
Wed. 1-7  
Thur. 12-2 5-7  
Fri. 9-5



Photo by gail williamson

## THE FUTURE OF VENICE

by Jim Zane

No longer content with the vicarious thrills they've received by slumming in Venice, the rich have decided to get some real thrills by actually living in Venice. Can you imagine what a thrill it is for the rich to hobnob with the poor? They now can admire firsthand the old and rundown furniture of their former neighbors as they evict them onto the streets and take over their houses as their own.

Unfortunately for the longtime residents of Venice, the influx of the rich into the community has destroyed property values. One hippie when informed about the rumored move of Doris Day onto his block groaned and said, "Oh no. There goes the neighborhood. First one rich person, then another, and then another. Where will it all stop?" This hippie asked to remain unidentified because he feared a rent hike reprisal by his new landlord who wanted more money in accordance with the new and higher property values.

With the continuing mass migration of

the landed gentry and the aspiring-landed gentry into the community, rumors about the future of Venice have reached an all-time fever pitch. One rumor has it that Safeway would temporarily go out of business until the Canals were widened and a new class of people had moved into the community. At that time, Safeway would reopen in a new store which would fit in with the "new" Venice: Safeway would open the first high-rise supermarket. This store would be so huge, according to rumor, that instead of shopping carts, the customers would use their own personal golf carts to shop.

And as I am writing this, I have just received exclusive news from one of my highly informed secret sources. My informant says that Richard Nixon plans to move the Western White House from San Clemente to Howland Canal in Venice. Nixon feels that he is too far removed from the people now and that once the Canals are widened, he would feel comfortable enough to move in and mingle with the people. Also, with the widening of the Canals, the President

would be able to have his son-in-law, David Eisenhower, come home at night and be with his wife in their home along the Canal because David would be able to anchor his battle ship right in front of the White House.

At the moment, it is unclear whether these rumors explain or were caused by the many sightings of Henry Kissinger at the Brooks Ave. beach swimming inside his rubber horse. Although the straight press report that Kissinger is in Paris, or Moscow, or Hanoi, he actually has been in Venice all this time trying to find a suitable dwelling for the President. He has tried to make himself inconspicuous by unsuccessfully attempting to pass himself off as a member of the community. If you haven't recognized him yet, he's that somewhat short, middle-aged man with the horn-rimmed glasses and the long-hair wig on Ocean Front Walk who's constantly approaching everyone and saying, "Spare change or your life."

It will be great to have Henry as a neighbor. Let's remember to send out the Welcome Wagon when he moves in.

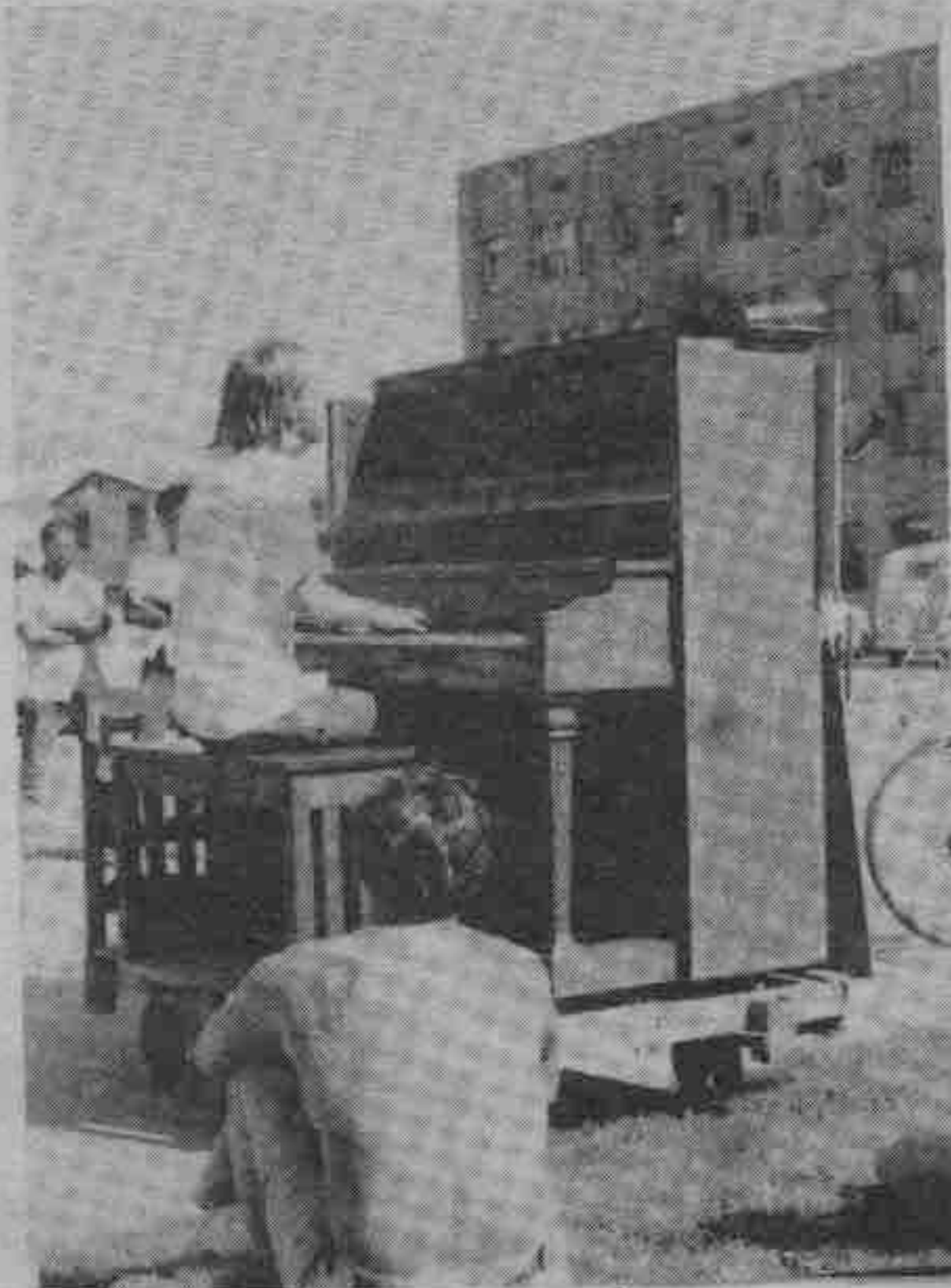


Photo by gail williamson

# PEACE ON EARTH GOOD WILL TO PEOPLE



# FATHER WAS A MUNG BEAN

## HOW TO LIVE

By ananda sambhava, from circle game

We will discuss eating first, specifically protein. Everybody knows that meat is a source of protein. Milk products and eggs are even better sources of protein, but all these are expensive, and some people wouldn't eat meat, milk, or eggs if you paid them, for religious or biochemical reasons. In this column I have no intention of discussing arguments between meat-eating and vegetarianism, but you do have the right to know that I personally don't eat meat or eggs. Dairy products, yes.

Right now you'll find out how to keep enough protein in your body with the minimum cost and wear and tear on you. It is not just a matter of swilling down soybeans, because you don't use the protein in food directly. First the proteins are broken down into their building blocks, amino acids, and these are recombined in the liver with amino acids which the liver itself synthesizes, forming the proteins which keep you in repair. There are three catches. First, there are four types of amino acids which the liver cannot synthesize and are relatively scarce in certain vegetable foods. Second, ALL vegetable protein sources differ significantly from the amino acid combination which you require to be YOU. I suppose you've already noticed that you aren't a bean or a grain. Third, the liver does not put amino acids in a warehouse; it only creates protein from what you eat in the same half-hour or so.

What a mess! It sounds like an ad for the California Beef Council! Fortunately, different foods have different imbalances of vital amino acids. If you eat garbanzo beans and nothing else at a meal, for instance, half of the lysine (an amino acid) cannot be used by you for lack of other amino acids. The same holds true for wheat, except that wheat is comparatively low in lysine. Eating these foods separately is not only wasteful, but also is unhealthy for the liver and kidneys, since the unusable amino acids must be broken down and chucked out. Yet the wheat and garbanzo beans eaten together balance each other out and there is no problem. Your total

food intake can be cut one-third or more without a loss of protein in this way, if right now you eat protein food foods by themselves.

Other good pairs besides wheat and garbanzos: oats and rice have amino acid levels similar to wheat, though wheat is a better source of protein. Besides garbanzos, black beans are an excellent match for any of these grains. Soybeans? They have lots of protein, but are hard to balance and digest. Raw, they are completely indigestible.

Never add raw soy flour to a blender concoction—it does more harm than good.

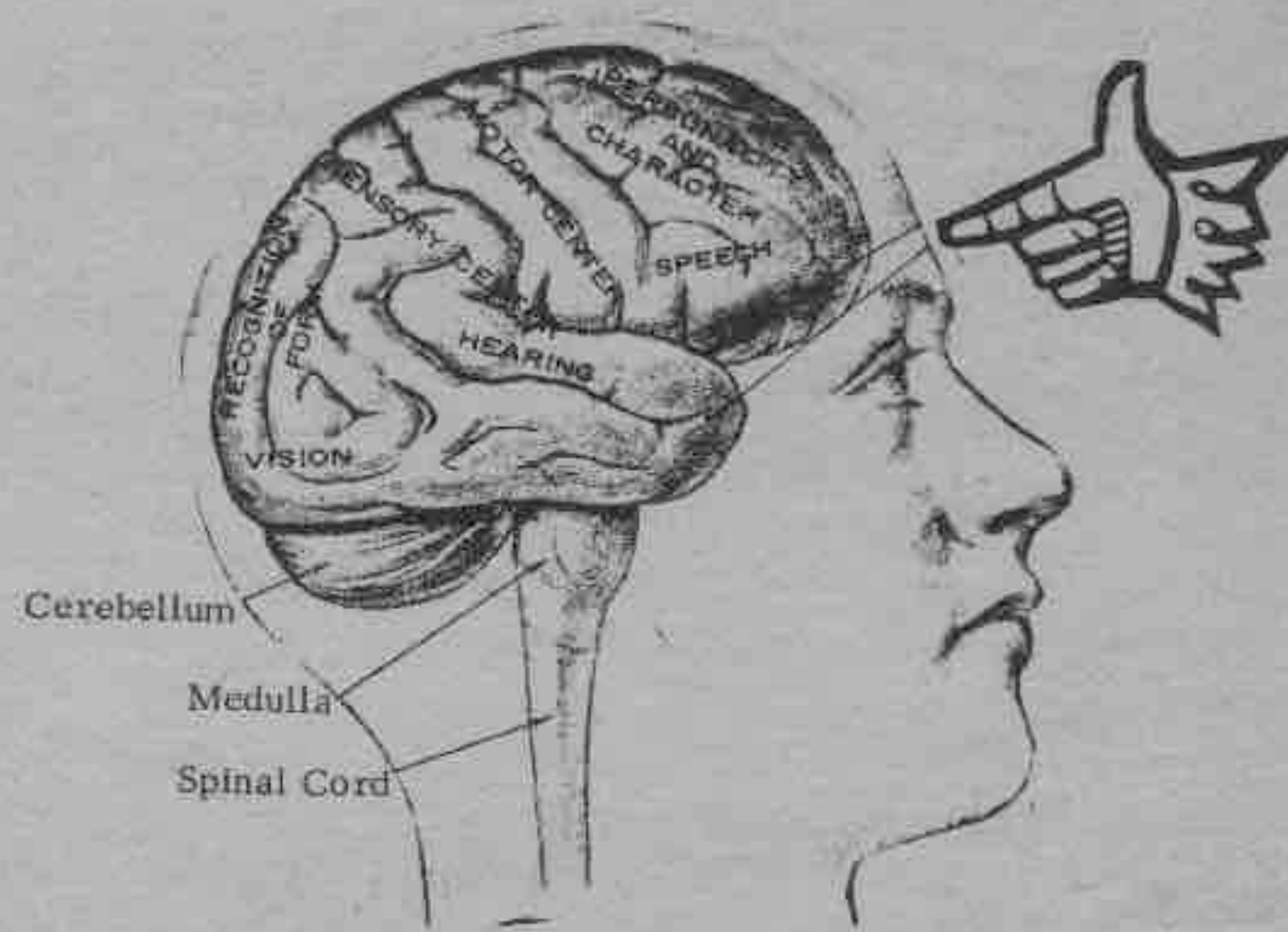
The best companion grain to cooked soybeans is probably millet, though wheat, oats, or rice will work. Millet is probably new to you, so here's the story: it is the most easily digested of the grains, and the only grain which forms alkalies. It's cheap and filling, and has a better amino acid arrangement than the others. The best source of non-animal protein is probably millet and mung beans together, or millet with black beans, peas, or garbanzos.

How to cook this stuff. Cook the beans first. If you want to soak them beforehand, go ahead, but don't add salt to the water or they will stay hard much longer. Soak soybeans in the refrigerator or you'll get fermented soybeans. The soaking water should be used for cooking too. When the beans are fairly soft, add the grains. If you want to rinse the grains, it's easier if you use a drawstring bag made of gauze or mosquito netting. Cook in a heavy pot if possible, and since metallic aluminum or teflon are poisons, both should be avoided. Millet needs 2 1/4 cups water per cup to cook and takes 20-35 minutes. Other grains you can learn in a cookbook. Use all the spices you want and have fun, but they should cook at least 20 minutes. Ground coriander or turmeric, should simmer, never boil, or they become bitter.

Questions? Write in c/o the Beachhead. For more information on protein and recipes, read *Diet for a Small Planet* by Lappe, from Ballantine—a bargain at \$1.25.

All ingredients mentioned in this column except black beans, are available cheap through the food co-ops.

## DR. ZANE'S LOBOTOMY COLUMN



A Monthly Column of Advice on All Subjects the Doctor Knows Absolutely Nothing About

Dear Dr. Zane:

Now that it appears the Vietnam War may be ending, doesn't it seem foolish to have considered North Vietnam a danger to our national security? We don't have to worry about them coming here and raping our women and burning our children.

Concerned Venice Resident

Dear Concerned:

You're absolutely right. We should never have worried about the North Vietnamese coming here to rape the women and burn children. There already are plenty of Americans willing to do that themselves. Besides, according to the ghost of J. Edgar Hoover, they were supposed to land in Malibu and not Venice.

Dear Dr. Zane:

For the past three years I've been able to live without having to work. It was a wonderful three years, filled with fun, adventure, romance, and loads of free time. But now my parents have thrown me out of the house and told me to grow up, get a job, cut my hair, and act like the responsible adult that I am. They tell me that I may not like work at the beginning but that I'll grow to accept it with time. I think they are wrong. What am I to do?

Prodigal Son

Dear Prodigal Son:

I, Dr. Zane, commiserate with your problem. Do you think I enjoy writing this tedious column month in and month out (if this column should be renewed)? Of course not! But I've got to make a living somehow. Just the same, try not to give in. As you mentioned in your letter, the unemployed life is filled with fun, adventure, romance, lots of free time, and some

starvation. So you must commit yourself to the idea of unemployment. Otherwise you'll look for a job and if you're unlucky, some fool might hire you. Look what happened to me. Don't give in to your parents and good luck in staying unemployed.

Dear Dr. Zane:

I've been riding my bicycle on the beach in Venice for the last three Sundays. I find it an excellent form of exercise and very ecological at the same time. But my problem is that for each of these past three Sundays I've been hit by a police car. What should I do?

Completely Totalled

Dear Completely:

Odd as it may seem, the answer to your problem is a simple one. Stop riding your bicycle on the Bike Path and ride it on Ocean Front Walk instead. In the past it used to be very dangerous to bicycle on Ocean Front Walk because the police patrolled it with their cars. But now that there's a bike path, you'd be best advised to do your bicycling on Ocean Front Walk—the police feel they can run down more bicyclists on the Bike Path.

Confidential to Desperate: Don't worry. There are many worse things than that. It's not the end of the world just because you've got the crabs. This might just motivate you to do something very important. As Benjamin Franklin used to say, "If you've got an itch, then scratch it."

If anything is troubling you or you would like any question answered, then write to Dr. Zane at P.O. Box, Camarillo and you will be sure not to get a reply.

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## POLICE BRING CHARGES AGAINST ANTI-WAR ATTORNEYS

A State Bar disciplinary committee in Los Angeles is now investigating charges by the Los Angeles Police Department that two legal aid attorneys misconducted themselves in connection with a trial of war demonstrators held last June.

Attorneys Jerry Blank, Bob Mendel and Mike Kogan appeared before a closed disciplinary committee hearing last month on charges spurred by the LAPD. Proceedings against Kogan were dropped, reportedly because there was not enough evidence against him.

According to an LAPD spokesman, the Department requested that the Bar investigate charges that the attorneys engaged in "inappropriate actions". It is of special note that this is the first time police have tried to harass lawyers by using the State Bar Disciplinary Committee.

The attorneys represented defendants arrested during a May anti-war demonstration at Nixon headquarters, and used extensive cross examination of the arresting officer's background. Since that time one of the attorney's life has been threatened several times by one of the complaining officers, and has been subjected to other forms of harassment.

The committee also reportedly told the attorneys that they could be represented by only two attorneys each. The attorneys asked for an open hearing, but the hearing was conducted grand jury style. As of the printing date, the attorneys still have no idea of what acts they have been charged with or what is the exact nature of the alleged "misconduct".

Reportedly more than 200 persons, many of them attorneys from the National Lawyers Guild, the ACLU, and the Mexican-American Legal Defense and Education Fund, turned out to attend the hearing. Many of the attorneys were acting as co-counsel for the attorneys.

Another hearing on the matter is scheduled for January 23. A party close to the proceedings stated that a civil suit may be brought to enjoin the action, and a malicious prosecution case might be brought against the officers and the Bar Committee.

Reasons for bringing disciplinary actions are kept confidential by the Bar. This reporter has learned however that the presiding judge, Nancy Watson, in the anti-war trial, found no misconduct by the defense attorneys.

# FEMINIST RAPE

3



For over a year the Feminist Women's Health Center under the direction of Carol Downer and Lorraine Rothman has been conducting classes aimed at teaching women to understand and therefore be equipped to make better decisions regarding their own bodies. Self-examination is taught in small classes. Women with serious health problems are referred to certified gynecologists for treatment.

For the past six months the Center has been under police surveillance. The contradictory, confusing and surprisingly ignorant undercover reports were used as the justification for a police "bust" on September 20. Files and equipment were confiscated and arrest warrants charging "Practicing Medicine without a license" were issued. Carol is accused of the "crime" of applying yogurt to control vaginal yeast. We believe that neither this nor educating women about their bodies is a crime.

Recently, the Women's Movement went into a new phase, reaching women in all segments of the society. Before, they were an object of ridicule to the media (Beachhead excluded) and institutions? now, they are beginning to be taken very seriously. The "bust" on the Center may be only the first in a long series of such actions aimed at any area of the Women's Movement which is effective on gut-level issues. Carol's trial is of overriding importance to

the thousand women across the country teaching Self-Help, to women as a group, to their health care and to the Women's Movement.

As of our publication date, the actual trial had only just begun so by now you should know the outcome at the trial level. The Beachhead has however, learned that at the scheduling of the Judge for the case a woman Judge was appointed by the Master Calendar Judge. The City Attorney for the first time known challenged the judge and requested a new judge. Both sides are allowed one judge challenge without showing cause. The Master Calendar Judge was pissed off by this move and scheduled the trial before another woman Judge. This Judge refused to let the City Attorney orally argue the sufficiency of the alleged facts as constituting a violation of the law, and forced him instead to do a full written brief. It appears that as of this time that there is a good possibility of a fair trial (if indeed it can even be conceded that there is anything fair about having a trial at all on this subject.).

Contributions can be sent to the Feminist Women's Health Center Legal Defense Fund 746 Crenshaw, L.A. 90005.



## JOURNEY TOWARDS THE DAWN

### NATIVE AMERICAN STATEMENT

If future generations are to survive on this planet, mankind throughout the world must come to accept that fact that this earth is a living thing with spirit and feelings not much different from our own spirit and feelings. We must teach our children at home and in school that the Earth is, in fact, our Mother and she must be respected and cared for. We must teach our children that the spirit of this planet in our time is exemplified by man and womankind and that when a river, lake, forest, field or seashore dies, it is because of man's lack of concern for accepting the spiritual responsibility of the Earth Mother.



"It's quite explicit chief... only as long as the sun shines and the river runs."

by Frank Hernandez

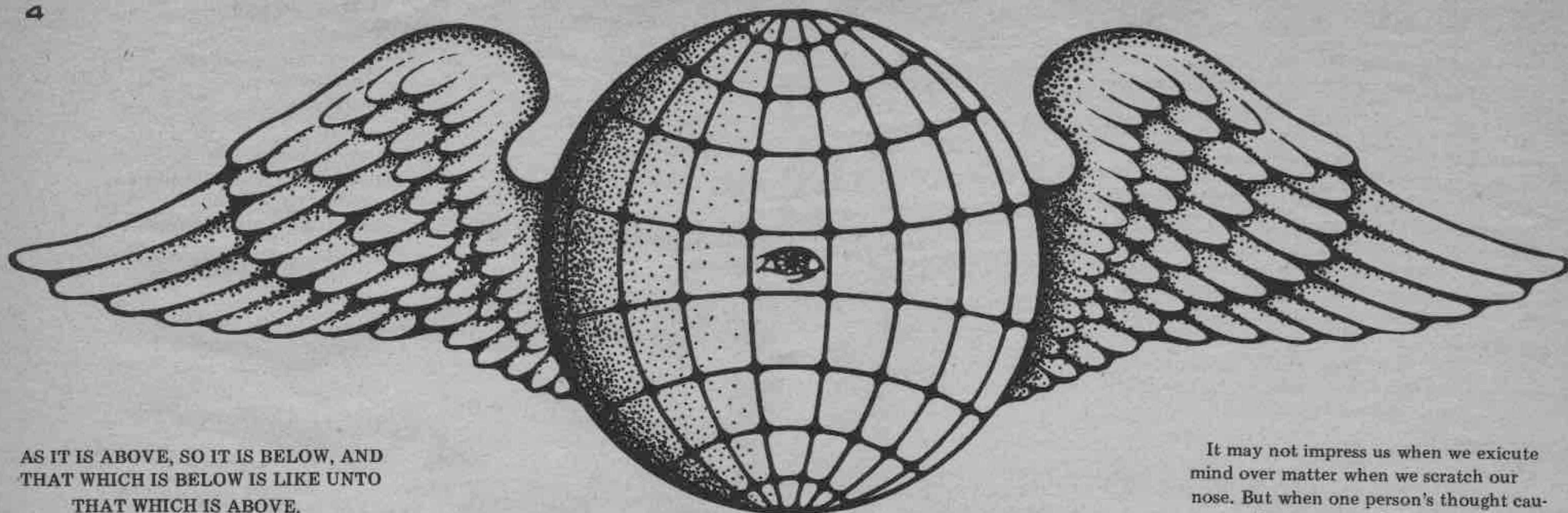
A long time ago and somewhere near the Canadian border a mountain tribe of Indians began a southward migration. Their journey was to bring them to the open plains states of what is now the midwest. Like children, their eyes were suddenly open to the beauty of the land and spacious star-filled sky at night. The long migration had left their minds with experience and this new plains culture was to pass into a golden age. The Kiowa Indians like other tribes refused to die with the oncoming of the U.S. Cavalry but with endurance survived into the modern day.

The journey of the Kiowas was not to end in the open plains of Oklahoma but continue on under the white man's rule. The culture of the plains migrated again to the Texas border and the great cities of the West. Their mythology and heritage was to travel with the descendants of the first forefathers of the plains. It was to move and live amongst the ghettoed remnants of that time gone forever. Sociologists dispute Indian Identity for somehow, in these modern times, it refuses to be bought and sold. And that is the miracle preserved in the spirit of man.

With the jewel called the soul, the miracle came to life two years ago in San Francisco and the journey began over 300 years ago was moving towards the dawn.







AS IT IS ABOVE, SO IT IS BELOW, AND  
THAT WHICH IS BELOW IS LIKE UNTO  
THAT WHICH IS ABOVE.

This ancient axiom of Hermetic philosophy, known to occultists as the Law of Correspondences, is a universal corollary of life.

On the personal level, the Law of Correspondences finds expression in the Biblical statement: "As a man thinketh in his heart, so is he." The heart is an ancient symbol of passionate feeling. We use it this way when we picture it, blood red, on our valentines. Often the valentine heart is shown pierced by an arrow, the symbol of directed thought. So, on the innocent valentine, we have an expression of the basic formula of magic: thought, charged with emotion, is potent to effect material substance. Just so are we the magical creators of our lives. Just so, "as a man thinketh in his heart, so is he."

A poet put it this way:

"The outward doth  
From the inward roll,  
And the inward springs  
From the inmost soul."

"Soul"? Soul is to the thought-emotion compound mentioned above as life is to a single event. The "outward" corresponds to the material world - the physical plane of existence. The "inward" corresponds to the world of thought and emotion, the world of the conscious and subconscious minds, the world of astrological influences - the inner, or astral plane of existence.

That which is sown in the inner plane is harvested on the outer plane. C. C. Zain, an expositor of Hermetic philosophy, makes the following summerization of the lessons to be learned from the harvest sign of the zodiac, Virgo, which so often manifests in destructive criticism: "If a man sows discordant thoughts, he will reap painful experiences; but if he sows thoughts of harmony, he will garner success and happiness."

Events, according to the Law of Correspondences, are not things that just happen to us. The happenings of our life are, themselves, the manifestation of our life, the outward expression of our inner nature, the mirror of our minds. As it is within, so it is without.

Other examples of the Law of Correspondences can be seen in the way the language and political system of a people mirror that peoples thought patterns and ideology.

English mirrors a material orientation to life - emphasis on the "outer" in the inner-outer continuum. We say of something that is of no importance that it doesn't matter; and to say something is immaterial is to say it is irrelevant. If we tell someone in our culture that he is being unobjective, we are likely to draw fire, for, to us, objectivity equals sanity.

It is not by chance that our society, which so prizes the objective, is a society of consumers of objects, that we measure success in terms of material possessions, and that we assume that the birth and death of a physical body marks the beginning and ending of conscious being.

It is no coincidence, but an expression of the Law of Correspondences, that our sociopolitical system is more concerned with safeguarding profit and the means of production than it is with the safeguarding of life. Only an enlightened people manifest an enlightened government.

Many of the eastern peoples, and I do not mean New Yorkers, reflect the inner orientation. For them, the inner plane is so obvious and real that matter is believed to be a mere apparition. The objective world, for those of this orientation, is the illusory, dream-world of *maya*. It corresponds that many are without enough matter to maintain the apparition of their body.

Another Hermetic axiom, "All things are real on their level of manifestation", indicates the extremes of both the western "outer" orientation and the eastern "inner" orientation. Matter is not the essence of life, neither is it of no import.

## II

The scientist, in pursuit of the basic building-blocks of matter, finds matter dissolving into particles of energy, finds matter only appears to be solid. Have you heard the pun about the paranoid physicist who walked around the house in snow shoes to keep from falling through the floor?

We live, move, breathe and have our being in an energy continuum. That narrow part of the energy stream that brings response to our sense of hearing, we call sound. That part of the energy spectrum to which our sense of sight responds, we call light; and, that part of the cosmos to which our sense of touch is responsive, we call what, matter?

These sensory inputs provide the components of our every day world. However, those energies for which we have a corresponding sense modality constitute a very small band of the total energy spectrum of the cosmos. Our physical senses do not serve up the whole. They sever from the whole a number of narrow slices. These constitute the whole of our objective universe - a fragment of the Cosmic Whole. The relationship existing between our particular whole and the Cosmic Whole is what religion is about...not something to believe or disbelieve, but something to know about.

Not only is there much more to our environment than our physical senses report, but even that which our senses report is, at most, only relatively attributable to that which is perceived. The physiological input is translated into our conscious mind as particular qualities - color, texture, tone-qualities which describe the sensational experience of the perceiver; and, therefore, are descriptive of the frequencies to which the perceiver is attuned rather than descriptive of the actual properties of that which is perceived. Smoothness, for example, is not an essential property of silk, nor redness an essential quality of an apple. They are labels we apply to our experiences.

The nature of matter is not obvious - the ancient Goddess of Nature was Isis, and she wore a veil. As the nature of matter is not obvious, neither is what effects matter obvious. The assumption that only matter can effect matter is false; yet it is the assumption made by the sciences that ignore phenomena that can not be explained by the laws developed by observing the influence of matter on matter. Until recently this left the scientific investigation of the remainder of the cosmos to the occultist.

Young's Latin Dictionary reads: "Occultus, -a, -um: 1) Hidden 2) Kept private 3) internal, secret 4) obscure, abstruse, hard to be found out or understood. C. C. Zain, writing for the Brotherhood of Light, says, "Occultism is the science of hidden forces, and the art of subjecting such forces to human control."

Recently Soviet scientists and technologists have entered the traditional domain of the occultist. Some of their astounding research is documented in the exciting Bantam paperback, *Psychic Discoveries Behind the Iron Curtain*, by Ostrander and Schroeder.

The Russians have mastered putting a subject in a trance by telepathic command. A subject a thousand miles from the sender of the mental command and unaware that he is a part of an experiment, has been knocked out and awakened repeatedly by mental command.

Quoting from Ostrander and Schroeder, "Occasionally the Russians have mentioned efforts to guide someone's movements with telepathy inside their labs. On a closed circuit T. V. the Popov parapsychologists watched an entranced subject in an isolated room. 'Can E. S. P. not only knock him out, but also knock him down? Can they telepathically guide the direction - front, back, this side or that - of his fall?'"

"In one series of tests", Edward Naumov reported, "the subject was made to fall ten out of ten times. And he fell in the direction commanded telepathically eight out of ten times."

It may not impress us when we excite mind over matter when we scratch our nose. But when one person's thought causes another person to fall, we have a clear example of the effect of the immaterial energies of the inner plane upon the outer plane material environment.

In another experiment related in *Psychic Discoveries Behind the Iron Curtain*, the subjects were wired for detecting minute changes in the electrical properties of the skin and brain, and in respiration and heartbeat. When the sender telepathically conveyed a sound, that portion of the brain that processes sound was stimulated in the receiver, and when the sender conveyed an image, that part of the brain that processes images was stimulated in the receiver. If the information emerged into the receiver's conscious mind, still another portion of his brain showed stimulation.

Popov parapsychologists found that so intimately are we bound into one unit that when the sender thought strongly of someone with whom the subject had an emotional tie, the subject responded.

Checkoslovakian researchers working under government funding, substantiate the research of astrologers through thousands of years, reconfirming that man is responsive to the energies of the heavenly bodies.

## III

We live in two equally important environments which interpenetrate each other like smoke through a screen, to use an analogy from Tibet. The physical, or outer plane environment is comprised of relatively slow moving energies. The inner plane is comprised of energies of higher than material velocities, energies approaching and exceeding the speed of light. Energies expressing at these super-velocities do not obey the same laws as the slow moving energies of matter. As Einstein described, when velocity increases, time slows down, such that more and more events can fit in a given interval. At speeds of light and greater, distance becomes a new dimension, and gravity no longer applies. Thought, emotion, extra sensory perception, the influences described by astrology, all of these and much more are elements of the inner plane environment.

To the extent that we are ignorant of the forces of either plane, to that extent do we give up potential ability to direct our own destiny.

Those interested in giving direction to the astrological movement, in establishing dialogue, or simply registering comments or criticisms, in this column or out of it are encouraged to write or call Maurice and Daniele LeCroy, 763 Sunset Avenue, Venice, 90291. Phone 392-8586

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# EQUAL RIGHTS FOR DOGS & CATS!!

By Joanne Curtis

Why are there so many uncared for dogs and cats roaming the beach area and particularly in an area that professes to have a high level of awareness on social issues? Our household pets are allowed to breed indiscriminately, are left to stray the streets and trash cans and are carelessly left to the horror of the environment that we are trying desperately to change. This attitude does not personify any type of high level of awareness.

We who are so socially conscious and who complain loudly about the oppression of the Vietnamese, the poor, the minorities, and the women of our world flagrantly turn our back on our animal companions. The oppressed become the oppressors!

If we claim ignorance of the needs of our voiceless friends, then there are non-profit humane groups such as Pet Pride (459-1703) that have available literature on the care and welfare of our loyal pets. If we claim we can not afford to have our pets neutered or sprayed, then we can not afford the responsibility of a household pet. There is absolutely no excuse to have a household pet that has not been altered. If you have severe financial problems, you may be able to receive financial assistance from Love Unlimited (765-5683).

It is extremely important that respect be instilled in all of us and this can only come about by reducing the population of our cats and dogs. There is no sexist discrimination in this area because it is just as important to neuter your male as it is to spray your female and they will be liberated from the burden of unwanted litters.

If we can't relate to our animal companions and realize the responsibility involved, then it will make it much more difficult for us to relate to our human companions—we can not discriminate against the breath of life whether it be a child, a cat or a dog.



At last! The winners of the Dog Dooley Contest have been announced! The winners of The Ocean Front Walk Chamber of Commerce-sponsored events are: Valentine, a Dalmation-St. Bernard, scooped the Grand Prize for the shiniest poo on the sidewalk.

Winner of the Marshall's Prize was Darvon, a Saluki-German Sheperd, for the most unusual color.

Satori, a Schnauzer-Whippet, came out all right in the most original design and textile category. "I'm so thrilled! She's been on a Macrobiotic diet and has been meditating so long!" exclaimed her owner, Fantasia Tie-dye.

Aquarius, a Siberian Husky, won by a nose in the most odoriferous category.

However, this Day of Triumph was marred by tragedy. Malvolia, a 30-year old Chihuahua, produced the largest, densest, most elegantly shaped object and then collapsed from the strain and died. Malvolia was laid to rest in the grassy mound beside Brooks Ave. and Ocean Front Walk, her favorite dropping off place. She was buried with her prize toy, an orthopedic Wedgie (white, open-toe) that she yanked off a Senior Citizen. The Venice Post Office Corps sent a wreath cunningly made of ripped trouser legs.

"She might have been a small dog, but she thought big", sobbed her owner.

## MARAUDERS MARAUDED!!!

By Carol Fondiller

The Marina Marauder Cycling and Sunday Slaughter Club has mounted a campaign to save its natural prey, the rare species Pedestrianus Southern Californicus Genus Venice from extinction.

Commonly known as the Ambling-Slow-Walkin'-Stop-and-Talk-Trucker, the Walker as it is usually called is normally a sweet, placid animal asking only to be left alone to walk and browse midst the Palm trees of Southern California like its ancestors, the noble, harmless Brontosaurus and the Digger Indians.

It has been announced to all Marauders who understand human speech that awards will no longer be given for the most pedestrians maimed or mangled by Club members.

"We're trying to get our members to do more constructive things, to broaden their horizons. We have a class on 'How to Squeeze Beer Cans With One Hand,'" said Mr. Jonathan Nerd, President of the Marina Mauders. "This rare species, the Walker or Pedestrian, in danger of extinction from the auto, is now even more threatened by the encroachment of the Bike in its last stronghold of Pedestrian Freedom, the Ocean Front Walk in Venice. If we do not discipline ourselves, this easy-going life form that affords us so much pleasure in staring at and chasing down will manifest the unpleasant characteristics of its Eastern relation the Spry-Footed-Taxi-Squawking-Graffiti-Mouthed-Traffic-Trampling-Vulgarus-Manhattanus. As it is, some of our members have limped home wearing their wheels as earrings."

Mr. Nerd told this reporter that there have been other unconfirmed reports of acts of hostility against the Marina Marauders. There have been reports that the older females of the Species, known commonly as "Yentas," have taken to walking in front of onrushing cyclists who were bent on charging and mangling the young and/or dazed walkers (the former known as "Kids," the latter as "Dopers") and sticking their canes in the delicate spokes of the racing machine causing the unsuspecting hunter to go

head over handlebars causing damage to the cement sidewalk.

"These primitive life forms will go to great lengths to protect the young and the infirm. It's touching, really," commented Letitia Sneer, Secretary of another Cycle Club, the Santa Monica Slashers.

Both Nerd and Sneer concurred that they had heard the story that some of the species have acquired large dogs that chase the cyclists, then circle in front of the speeding machines, causing the riders to veer, with dog snapping at their pedals, forcing and herding the Marauder or Slasher into an alley, where the dog owners wrap the bicycles around the cyclists, pour plaster of Paris over them, paint them, and sell them to tourists as indigenous art forms. Though this is unconfirmed, a small number of Marauders have never been seen again after cycling by Westminster and Ocean Front Walk.

"One tragedy that has been confirmed is the disappearance of Mathew Wimp, his wife and five children, and his business associate, Andrew Dreck," said Nerd. "They had just acquired their killer 10-speed-no-brakes-jingle-horn Specials and were intent on running down a herd of Hypes—just to see them scatter—you know just a little harmless fun. Well, they just got into the middle of 'em and the herd just kind of closed in on them. The only thing we found was a bicycle pump that one of the Hypes had stuck into his arm. I couldn't get any information from him, nor could the police question him. He just pumped that pump and floated away." Mr. Nerd stated that positive steps are being taken to prevent further mishaps.

Marauders are being urged to use the Bicycle Path that has been built to insure the safety of the tourists as they ride the Venice Game Preserve.

"This is being done," said Nerd, "to insure the propagation of the species and to make the challenge even greater. We will allow the Walkers to multiply so that, in the future, we will have faster game to pursue: kids and small dogs."



### CALENDAR NEEDS EVENTS

If you have something to put in the calendar section of the Beachhead please call us. For that matter if you have anything you want put in the Beachhead please write or call us.

L.A. West Fiction Writers Assoc.  
Tuesday evenings. Barry D'Lott  
HO.4-5161 or p.o. box 244, Culver City 90230.

DAYBREAK, performing folksong chorale rehearses Friday s, 7:30 pm  
1st Unitarian Church, 8th St. east of Vermont Ave., Los Angeles.  
Seeks new voices & musicians too.

**Venice  
Bookstore  
& Culture  
Palace**

1510 Pacific Ave  
Venice  
399-9910

TUE.-SAT. 11-8  
SUNDAYS 12-6  
CLOSED MONDAYS

For those of you who missed the election, Dr. Spock did not win. Richard Nixon is still calling himself "the President" as he has not heard his name used in such a long time that he has actually forgotten what his name is.

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**Madwoman** 27 Washington St  
has gifts for your  
2025.22 friends  
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392-4722 VENICE  
1025 W. WASHINGTON BLVD  
VENICE • SIT • CHAT • READ  
RELAX AROUND OUR FIREPLACE

RECYCLE!

Newspapers  
Tin (steel) cans  
Aluminum (flattened)  
Glass (ring free)

Westside ENVIRONMENTAL  
CENTER  
478-3429  
2021 S. Barrington Ave. W.L.A.  
behind the co-op market  
"A Volunteer Group"  
Help wanted: C.O. as coordinator

**THE GREAT Western**

**Steak & Hoggie**  
**COMPANY**

7 DAYS 11 To 11 399-8711

CALL AHEAD  
AVOID THE  
WAIT.

1720 LINCOLN BLVD.



## COMMUNITY SERVICES

**JOB INFO CENTER**  
316 Lincoln— 392-4811

**VENICE LIBRARY**  
610 California Ave, 821-1769  
M-F 1-9 pm, Sat 9:30 am-1 pm

**FAMILY PLANNING CENTER**  
1501 Pacific Ave (at Market)  
EX2-4147

**BENJAMIN RUSH CENTER**  
Help for your head— 392-4905

**CHICANOS**  
Community Service Organization (CSO)  
823-9254

**UCLA DENTAL CLINIC**  
392-4125

**ALCOHOLISM SERVICE CENTER**  
NAPP Community Center  
1101 W. Wasn  
1101 W. Washington Blvd.  
Venice, Ca. 90291  
Hours: Mon-Wed-Fri: 5 PM

**VENICE COMMUNITY MEDICAL CENTER**  
826 Hampton Drive  
Venice, Ca., 90291  
call 392-7722  
Cancer test for men and women **FREE OF CHARGE**  
Exámenes de Cancer para hombres y mujeres **SON GRATIS**

Wednesday (Niercoles) 2-5 PM  
Friday (Viernes) 1-5 PM

**RECYCLING**  
Westside Environmental Center  
Behind the Co-op Market  
2021 Barrington Ave, West L.A.  
478-3429 Open 7 day/wk, 24 hrs

**STRUNG OUT? WORRIED ABOUT A DRUG PROBLEM? DON'T KNOW WHERE TO GO?**  
MAYBE WE CAN HELP YOU

Venice Drug Clinic  
1806 Lincoln Blvd.  
Venice- 392-4114  
8 AM-9:30 PM MON-FRI

-Rap sessions, therapy groups and individual counseling for users, X-users, parents...  
-Medications for taking the edge off kicking...  
-Referrals to other programs (hospitals, kick pads, halfway houses, methadone maintenance list...)

**24-HOUR DRUG EMERGENCY**

Beginning on a Mon-Fri. basis PRC (preventional referral counseling) has established a 24 hour a day medical evaluatory service for O.D.'s, bad trips and the like

NO COPS.....  
NO HASSLE.....

For information or emergency call 392-5745 24 hours a day.  
Due to lack of money, people, etc. this service is only offered MON - FRI to begin with.

PRC  
605 6th Ave.  
Venice, Ca.

We are a group of young Jews in the Venice area interested in a radical return to Judaism and the problems of Jewish culture and identity. If you are interedted or have any ideas or suggestions please contact Avraham Montag at 50 Breeze Avenue, apt. 1 or call 396-9310.

**FREE VENICE SWITCHBOARD**  
821-6101

**DRAFT COUNSELLING**  
1. Valley Peace Center, 7105 Hayvenhurst, Van Nuys— 787-6925  
2. Papa Bach Bookstore  
11317 Santa Monica Bl, West LA  
Dial: GRUBERG. MTuWF, 7:15 pm

**LEGAL AID**  
1. NAPP, 1101 W. Washington Bl, M T W 6:30-9 pm, 399-7737  
2. 1607 Pacific Ave (upstairs)— 392-4177. M-F 9:30 am to 3:30 pm

**GAY ACTION COALITION**  
392-3324, 628-6472

**HITCHHIKERS**  
931-4357

**YOUTH CLINIC**  
905 Venice Bl. Medical help: 4:30-10 pm  
also draft counselling, group therapy

**VIETNAM VETS AGAINST THE WAR**  
1508, 2nd st, Santa Monica, 451-9281  
821-9171

**WELFARE & FOOD STAMPS**  
1. 11390 W. Olympic Bl, 478-5511  
2. Welfare Rights, RE2-8122, 731-5095

**WOMEN'S CENTER**  
218 S. Venice Bl— 823-4774  
**ABORTION REFFERAL**  
936-7466 823-4774

**PET PRIDE (FOR CATS)**  
459-1703

**FOOD CONSPIRACY**  
For information, call 392-6970

A Westside Anti-Rape Squad has been formed.

In Case of Rape call:

Westside Women's Center  
823-4774  
If no answer, call  
399-5785

We can accompany you to the police and hospital if you wish to go, give you information on legal first aid, medical information, moral support, or anything else we can do.

Whether or not you choose to report a rape to the police **PLEASE** report it to the Anti-Rape Squad. The only way we can begin an active program to help prevent rapes is to know the method of operation of the local rapists.

El Job Corps puede representar algo nuevo en su vida. Podra entrenarse en un trabajo interesante y bien pagado. Aprendera a leer y a escribir mejor el ingles lo que le permitira para desempenar bien su trabajo. Mas aun: el Job

Corps le dara dinero para sus gastos menores mientras usted aprende.  
Puede ingresar en el Job Corps  
Puede escoger un oficio que le guste y tomarse el tiempo necesario para aprenderlo. El Job Corps le ayuda encontrar trabajo cuando termine.  
Puede ingreasr en el Job Corps si tiene entre 16 y 21 anos de edad, ha dejado la escuela y necesita entrenamiento para un empleo agradable. Por mas informacion puede visitar la oficina de empleos, 326 Lincoln Blvd. al sur, En Venice.

**BLACKS**  
American Youth Academy  
442 Lincoln Bl, 392-2736



Photo by gail williamson



## CALENDAR

**VENICE BEACH RECREATION CENTER**  
1531 Ocean Front Walf  
1531 Ocean Front Walk--399-2775

**YWCA Sesame Street Nursery School**  
to be held at the Venice Library  
Mon. and Wed. 9AM-10:30 AM  
For further information call Deloris Nash at 478-1228.

Christmas Party Dec; 15th 7:00 PM at the Venice Beach Recreation Center  
1550 Ocean Front Walk.

Venice Library  
Teen Dance—Fri. Dec. 8th 7:30  
Tree Trimming for the Whole family  
Sun. Dec. 15th, 3:30

Venice Drug Coalition—Meetings Dec. 4,18  
3PM 1140 W. Washington

Raps on Birth Control, V.D., and just plain Sex—Venice Youth Clinic,  
821-3484, 6 P. M. m-w-f.

Co-Op Action Council Meeting on co-op in urban areas. Above the co-op market  
2021 Barrington, W. L.A. 7:30 PM, 1st and 3rd Mon.

Crisis Group/Venice Youth Clinic—Call Denise 821-3484 Mon. night.

Hatha Yoga Classes—Earl Newman's Prints  
1725 W. Washington 6-8:30 Tues, donations

Food Co-Ops—Venice—127 Brooks Tues  
8 P.M. Mar Vista—390-7292

Yoga Group—Kundalini, Venice Library  
6 PM Wed.

Teenagers and Parents are invited to participate in open Rap Sessions every Thurs. at 7:30 tp 9:30 at the following Recreation Centers:  
Venice Beach Center 1531 Ocean Front Walk

Oakwood Center 767 California  
Penmar Center 1341 Lake  
Mar Vista Center 11450 Wood bine  
For other events happening at the recreation center call 399-2775

Poetry Workshop—Beyond Baroque  
1639 W. Washington; 8:30 PM Wed.

Dance Class — Mon., Children 6-8yrs  
Creative Dance 3:30  
9-11 yrs. Ballet and Modern 4:30  
Teen and modern dance 3:30  
Wed. Pre-school—10 AM  
Fri. Adults 10:15 AM





One day  
the apolitical  
intellectuals  
of my country  
will be interrogated  
by the simplest  
of our people.

They will be asked  
what they did  
when their nation died out  
slowly  
like a sweet fire  
small and alone.

No one will ask them  
about their dress,  
their long siestas  
after lunch,  
no one will want to know  
about their sterile combats  
with the idea  
of the nothing.

They'll be asked nothing  
about their absurd  
justifications  
born in the shadow  
of the total lie.

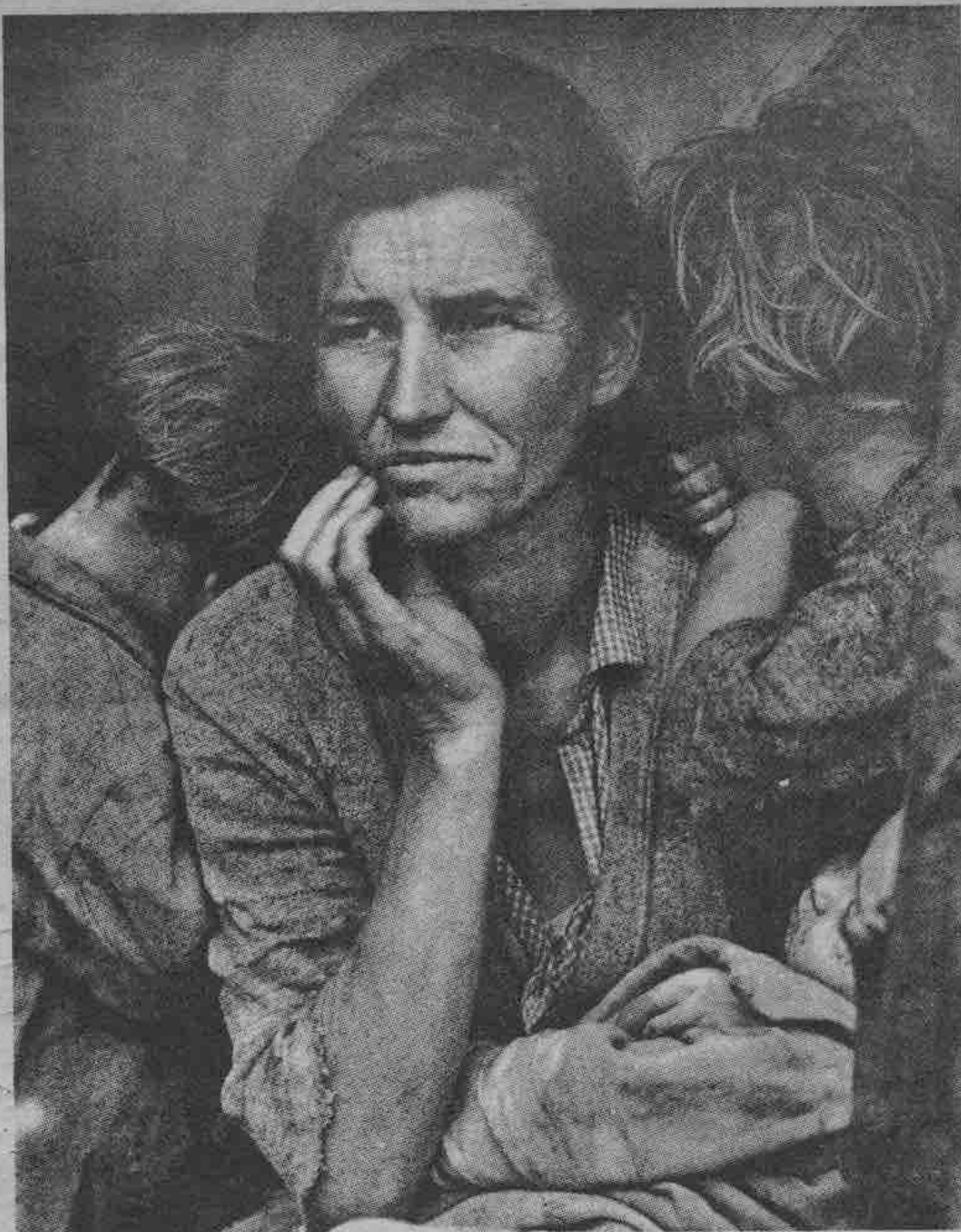
No one will care about  
their higher financial learning.  
They won't be questioned  
on Greek mythology  
or regarding their self-disgust  
when someone within them  
begins to die  
the coward's death.

On that day  
the simple men will come.  
Those who had no place  
in the books and poems  
of the apolitical intellectuals  
but daily delivered  
their bread and milk  
their tortillas and eggs  
those who had mended their clothes,

those who drove their cars,  
who cared for the dogs and gardens  
and worked for them,  
and they'll ask:

What did you do when the poor  
suffered,  
when tenderness and life  
burned out in them?

Otto Rene Castillo



#### NO IDEAS BUT IN THINGS

Three old chicken women  
wobble through  
the heavy glass doorway  
one at a time.

Their tiny claw feet  
shod in orthopedic black leather  
measure the long walk  
to the elevator.

Two get in but one  
grey one struts like an ageing  
rooster over to the green couch  
in the medical arts bldg.

She used to be a  
fine young chick but now  
her nose droops and her eyes fill up  
with colorless water.

Loose chin down she sits  
carefully folding  
her brown paper shopping bag  
for tomorrow's outing.

---Joan Fenn



#### SERIOUS CADILLAC

A pair of grim faces  
pulled up to the stoplight in a  
long green cadillac  
air conditioned just right they  
glanced over at the bus stop crowd.

It was hot on the street,  
exhaust fumes  
fanned the bench. A few  
looked up but the ladies averted  
their eyes  
with the slightest shudder as if  
it had gotten too cool inside.  
One drew a navy blue  
sweater a bit closer around her  
tanned shoulders, hugging herself,  
while the other adjusted the  
sun visor as they  
drove off to a serious  
game of tennis.

---Joan Fenn